

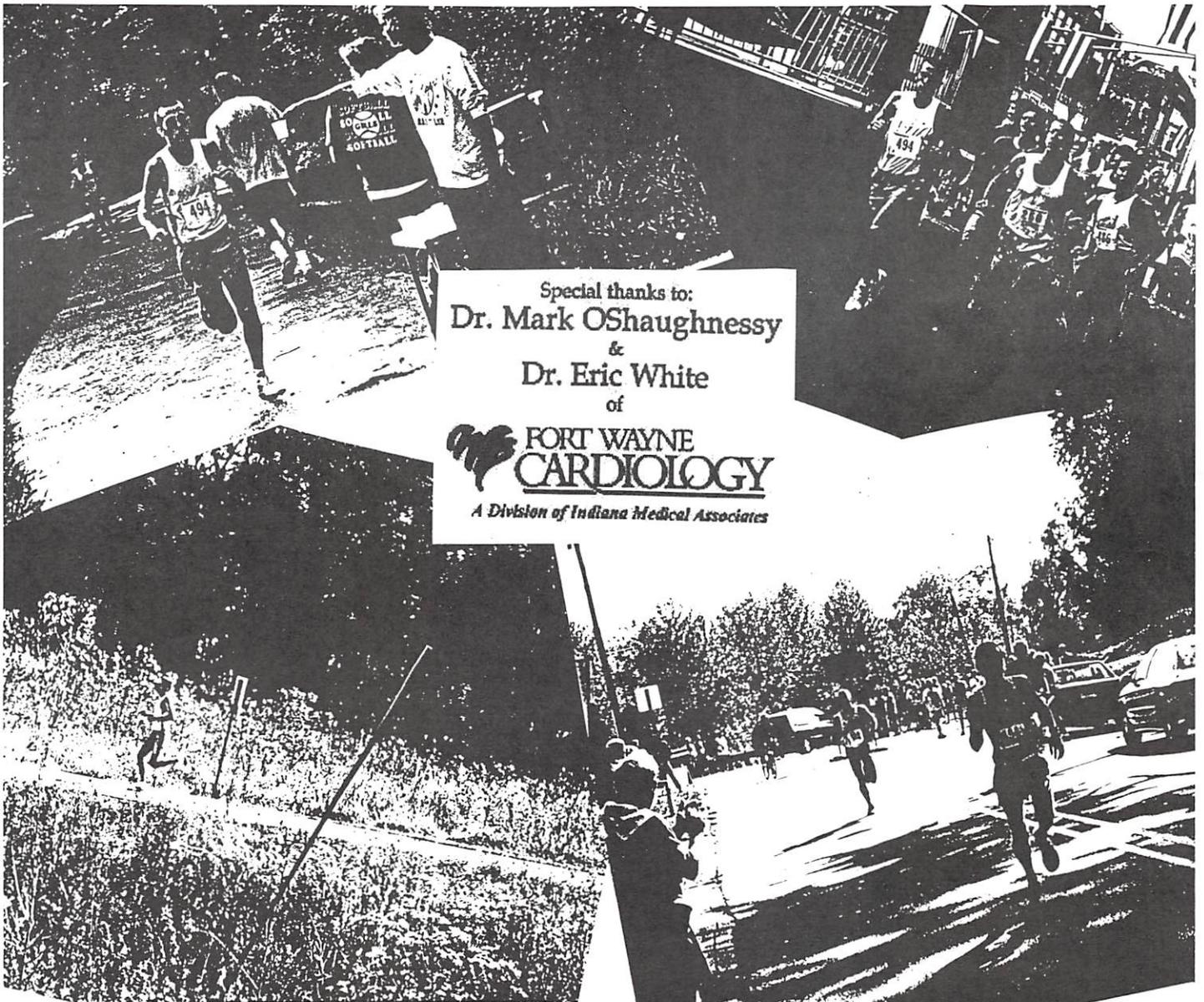
the inside track

August & September 2004

A PUBLICATION OF THE FORT WAYNE TRACK CLUB



30TH Annual Parlor City Trot September 25th 2004



Special thanks to:
Dr. Mark OShaughnessy
&
Dr. Eric White
of

 FORT WAYNE
CARDIOLOGY
A Division of Indiana Medical Associates

Scenes from the 2002 Parlor City Trot.

Check out our web site at www.fwtc.org

2004

Fort Wayne Track Club Officers and Board Members



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Newsletter (newsletter@fwtc.org)

Chuck Zumbrun (260) 693-0527

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Anthony Juliano (260) 436-7267

FWTC Information

Fort Wayne Track Club
 P.O. Box 11703, Fort Wayne, IN 46860-1703
 (260) 436-2234

The FWTC is a member of the RRCA, Club # 23

Membership Dues

There is a membership application in this newsletter. Your dues keep the club running.
 Renew your membership today!

Fort Wayne Track Club Means Volunteers!

Upcoming Events That Could Use Your Help

Harlan Days 10K, Aug 7, Harlan Park, Harlan, IN *Contact:* Thomas Bunner, D.D.S., 260-657-5197

17th Annual Kernel Klassic 5K, Aug 14, Van Buren, IN, *Contact:* Dawn Black, 1-765-934-5383

4th Annual Dupont 5K, Sep 18, *Contact:* Rick Hilker, 260-484-0454, drickd@aol.com

Parlor City Trot, Sep 25, *Contact:* Mac MacAvoy, 260-450-1071, clanmac@adamswells.com

Remember! FWTC Track Club members can earn up to 200 for the 2004 Points Awards by volunteering.

Prez Sez

By Judy Tillapaugh, RD

Let's celebrate! Birthdays, graduations, anniversaries, and other significant days deserve recognition. They offer many meaningful memories. Each of them are milestones on our time line of life.

Many running and walking events fit this description. They are very special to us and have achieved success year by year. How? Success does not just happen.

Success Factors:

S- Support from sources like friends, family, community, and sponsors

U- Unique... "I remember" qualities

C- Commitment by event director

C- Course is measured and marked well

E- Enthusiastic planning team and volunteers

S- Safety elements

S- Social... keep the fun factors

Thanks to many area race directors and their supporters who have been committed to success factors, many events have been a grand part of our schedules for years. Note that this September 6th the 30th Annual 15 and 5 Km Blueberry Stomp will be held. September 18th the 4th Annual Dupont 5 km will occur. On September 25th the 13.1 mile and 10 Km 30th Annual Parlor City Trot is on many calendars. Mac McAvoy, Race Director, is planning many unique qualities you do not want to miss.

It is almost guaranteed that anyone who attends any of these events (or others with endurance) will walk away feeling it was time well spent.

Keep taking steps to success!!



K O Bottling Company
PO Box 168
Avilla, Indiana 46710
Phone (260) 349-0608
Fax (260) 349-0622

Fort Wayne Track Club thanks K O Bottling of Avilla for donating water to the River City Rat Race and Runners On Parade!

Running Groups in Fort Wayne

Saturdays:

YMCA Downtown - 7AM - group leaves at 7AM

Usually 8-12 miles with 10-30 people -

All levels welcome

If you are training for a fall marathon, you should be able to find a running partner here.

Contact: Steve Hilker - shilker@pleez.net

During the Week:

YWCA - Wells St.

Meet in Main lobby

Monday: 5:30AM (4 miles),

Tues.: 5:30AM (4-8 miles),

Wed.: 5:30AM (4 miles),

Fri.: 5:30AM (9 miles)

Call member services desk in morning if any questions. 424-4908

ETG Training Group - Eric Ade and Casey Shafer train together with a group during the week and are open to others, both male and female of all ages joining them.

M-F at 10:00AM and/or M-F 5:00-5:15 PM

They run at different locations. Contact one of them for more information.

Eric Ade, 602-5410

erica@waterfield.com

Casey Shafer, 402-2514

ghanishrunner@hotmail.com

Team Bird - RunIndiana.com will have the Team Bird training schedule on it. It is updated on a regular basis. You can also call Gary Bird (244-4408) with any questions.

Middle School and High School Girls - Tammy Behrens is doing speed training with middle school students through adults this summer on Tuesday evenings through August 17 at 7 PM. The workouts are geared towards the novice runner wanting to improve their 5K-10K times. Call 625-3830 or email behrens@infionline.net for more information.

*If you have a group you would like added to this list, contact Tammy Behrens 625-3830

Team Bird advances athletes to USATF National Championship

Despite very hot and humid conditions, five members of Team Bird qualified this past weekend in Indianapolis for the USA Track and Field National Youth Championships to be held later this month in Eugene, Oregon. In overall team standings based on age groups, Team Bird placed fourth in regional competition in the PeeWee Division with 18 points and sixth in the Intermediate Division with 32 points. The meet featured athletes from Indiana and Illinois and was held Saturday and Sunday at North Central High School.

Sam Bird was an individual champion in the 2000-meter steeple chase with a time of 6:49.91. The event marked his first-ever attempt at steeple chase competition. Bird also placed seventh in pole vault at a height of 10 feet, 3 inches. Bird also earned a silver medal in 3000m by logging a 9:57. He later earned another regional championship gold medal with teammates Corbin Eckert, Matt Linn and Curtis Fabian in the 4x800m relay in 8:59.82. Bird will be a freshman at Northrop High School this fall.

Linn finished eighth in 110m hurdles with a personal best time of 17:10.67 and eighth in 400m hurdles in 1:12.7, while Fabian ran one of his best times in the 800m at 2:17.23 but wound up ninth. Linn and Fabian will be freshmen at Columbia City High School.

Eckert, who will be a freshman at Norwell High School this fall, set a new personal record in pole vault at 11 feet, 11 inches and placed fourth.

One of Team Bird's youngest athletes, Cendra Deardorf, 7, from Garrett won a gold medal in her division's 800m race in 3:28.87 and earned a silver medal in 1500m with a time of 7:19.82. PeeWee competitors however do not advance to national competition.

Deardorf's older sister Ciersten Deardorf missed qualifying for the national meet in 3000m by one spot with a third place finish in 12:09 in the youth division and ninth in 1500m in 5:56. Sarah Bird, an Indian Springs sixth-grader, also placed fifth in 3000m in 14:29 and fifth in 1500m with a time of 6:58.32.

James Martin, a Maple Creek Middle Schooler, advanced to the national meet with a third place finish in the youth division's 3000m with a time of 11:10. Martin also finished sixth in 1500m in 5:38.

"Our kids did great," said Team Bird coach Gary Bird. "Hats off to James, Sam, Matt, Curtis and Corbin for qualifying for the national meet. It's been a long time coming since those first practices last January."

PHOTOS BELOW: Cendra Deardorf, Ciersten Deardorf, Sarah Bird, James Martin and Curtis Fabian. Second row includes Corbin Eckert, Matt Linn and Sam Bird.



FWTC Board Meeting 5/12/04

1. Phil called the meeting to order.
2. Don read from Chicken Soup for the Sports Fan Soul and prayer was offered.
3. The April meeting minutes were read, corrected and approved as corrected.
4. Don gave the treasurer's report. The current balance is \$28,566.02 with a net profit this past month of \$1,080.89. There is a \$485.00/month charge for the AMB loan. Club membership is 446 total, with 120-2 year and 51-3 year included in the total. The report was approved.
5. Judy W. handed out the Article II By Law proposed amendments. The board discussed the proposal and agreed to make some changes in the current proposal. All members present were satisfied with the final verbal proposal, and Judy will write up the revised verbal proposal to be presented for voting at the June meeting.
6. Chuck reported on the *Inside Track*. It will go to the printers on Monday. The 3 Rivers Running Company took out an ad in the issue. The cover will be the Runner's on Parade Race. The Snider Speed work out schedule will be included.
7. Tom reported on the Points Series Races and already had 5 races calculated. The results are posted on the internet and in the newsletter.
8. Steve updated the board on the Rat Race and volunteer opportunities including: May 19th meeting at the YMCA, 5/26 YMCA bag stuffing (5PM), 5/28-early registration @ YMCA (4:30-7:30PM), 5/29 race day registration, finish-line workers, sentries, food area workers. The race starts at 9:00 AM.
9. Tammy reported on her PR training group. There was an article written by Brett Hess in the newspaper about her group. She has encouraged her group to run with the Saturday YMCA group that runs at 7:00

AM, as she will no longer have scheduled Saturday runs. Tammy would like to do some speed work out training at Summit Middle School for middle school girls on a week night evening. Any one interested should contact Tammy.

10. The track club needs to order more membership application brochures. The picture should be updated as well as the enclosed information. At least 2000 copies need to be made. *Instant Copy* has the master form which needs to be changed.
11. Bill S. reported on the AMB Chip Timing System. The initial trial of the system at Tammy's 10 mile run went well. Bill feels that the system will do a lot of positive things for the community. Race directors will be able to obtain fast and efficient results and money will not be lost renting an outside system for a race. The system can handle a large numbers of runners. The system will be tested at the 5k Leukemia Run and at the Rat Race. Bill S., Don, JP, and Tom are currently on the AMB team. Anyone else who wishes to help is welcome. A back-up number system will be used for the races.
12. Mac was not present to give a report on the Runner's on Parade, but he did submit a budget to Don to acquire race funds.
13. The meeting was adjourned.

Attendance: Phil Suelzer, Don Lindley, Judy White, Tammy Behrens, Mitch Harper, Bill Harris, Steve Hilker, Tom Landis, Barrie Peterson, Bill Sohaski, Chuck Zumbrun

FWTC Board Meeting 6/9/04

1. Judy called the meeting to order and Barrie Peterson offered a prayer.
2. The May meeting minutes were read and approved.
3. Judy T. explained that some board member's names had been removed from the list because they had not paid their dues.
4. Don read the treasurer's report. The club received over \$5,000 profit from the Rat Race. The current balance is \$20,381.85. The current membership is 453. Last month all of the FWTC money was transferred out of the Money Market Fund and into the checking account. The report was approved.
5. Judy White read the proposed amendments to the By Laws. The current By Law states that a 30 day notice must be given to the board prior to voting on an amendment. The vote will take place at the July meeting.
6. The deadline for the Aug/Sept *Inside Track* is July 15th. It was suggested that a picture of the Parlor City Trot Race go on the cover.
7. Steve H. thanked everyone for their help with the Rat Race. There were 550 participants and 330 race day registrations. The next Rat Race will be Oct. 22, 2005. Steve has changed the date because the weather is very unpredictable in May, and it is difficult to get volunteers on a holiday week-end.
8. The Runner's on Parade is scheduled for July 10th. There will be a different race course this year. There will be pre-registration on Friday night at Spiece. The new chip timing system will be used. Mac rented a back up data collector from AMB for \$300.00 for the race. Contact Mac if you wish to volunteer to help.
9. Bill S. and Don reported on the chip timing system. Don explained that the club can afford this purchase

and loan payment of \$485.00/month. The club made \$9,000 in profits this year. He also explained that Ft. Wayne Cardiology has pledged \$15,000 over 5 years towards the AMB purchase, thus reducing the monthly loan payment to \$235.00. Don also passed out a loan amortization report for the \$485.00/monthly payment. A Fact Memo for the AMB Chip Timing System was also passed out which answered questions concerning: comfort, cleanliness, back-up, cost, requirements for use in races, volunteers needed to run system, race day dispersal, pay-off system, ease of use, and reliability. The 90 day trial ends July 20th. The AMB system was 100% reliable at the Rat Race. It was suggested that we have guidelines written up and voted on if we purchase the system that outline the costs etc. to a race director who wishes to "rent" the system from the club for a race. We need to have a written contract ready and available and all profits must go directly to the club. Don plans to pass out chips on race day only- to reduce loss & theft. Additional chips may be rented from another owner and we can rent chips out to other clubs. The board will vote on the purchase of the system next month.

10. The nominating committee has been formed and members are: Tammy Behrens, Barrie Peterson, Marsha Schmidt, and Bill Schmidt. The committee will choose a slate of candidates for the executive board positions. Voting will take place at the November meeting for the 2005-2006 two year term executive positions.
11. The Dupont 5k will be an evening race this year to hopefully increase attendance.
12. We will discuss the "New Member packets" and the Aboite Trails report at the next meeting.

Attendance: Judy Tillapaugh, Phil Suelzer, Don Lindley, Judy White, Don Anderson, Tammy Behrens, Katie Creighton, Anne Duff, Michael Fruchey, Mitch Harper, Bill Harris, Steve Hilker, J.P. Jones, Paul Knott, Tom Landis, Mac McAvoy, Beverly Metzger, Barrie Peterson, Marsha & Bill Schmidt, Diana Schowe, Bill Sohaski, Amy Stephen

Get Figgy with the Piggy!

The Flying Pig Marathon and 10K

By Steve and Betty Grieder

Over 7,000 runners gathered in Cincinnati for the Flying Pig. The Flying Pig is held in May, so prepare for cold and rainy weather! For this year's event the walk started at 5 a.m., then the wheelchair racers at 6:28 a.m., the marathon (individuals and relay teams) at 6:30 a.m., and finally the 10K racers at 6:50 a.m.

We did the 10K race. The race starts at Paul Brown Stadium then crosses the Clay Wade Bailey Bridge to Northern

Kentucky. We crossed the Ohio River again to return to Ohio across the Taylor Southgate Bridge and finished at Sawyer Point. Part of our running is a friendly competition between us, and nearing the finish Steve looked back to see if Betty was all right. But Betty was in running a large group of people and Steve didn't see her as she went around him! He only noticed Betty was ahead when he gave up looking back, and looked ahead and saw Betty with a big old smile on her face. Steve ran his heart out to catch up, because there was dinner bet on this race. We finished the race running flat out, with Steve barely regaining the lead at the end. We had a lot of fun at the end!

Steve finished in 1:13:22, 5th out of 70 in his age group. Betty finished 4th out of 100 in her age group at 1:13:26.

Amy Begley Takes 9th at 2004 Olympic Trials

Amy Begley, guest speaker at this year's FWTC banquet claimed 9th in both the 5,000 and 10,000 meter 2004 Olympic Trials in Sacramento CA.

Begley's time for the 5,000 was 15:52.12 and for 10,000 was 33:17.78.

A Kendallville native, Begley was a standout at East Noble High School where she won state championships in track and cross country, and a NCAA champion running for Arkansas

FWTC Singlets Available at Three Rivers Running Co.

Show your colors! Singlets bearing the logo of the Fort Wayne Track Club are available at the Three Rivers Running Company at 6312 Covington Road in Fort Wayne. The singlets are just \$15, and FWTC members receive a 10% on all purchases at Three Rivers Running Company.

The store is open every day. Store hours and other information are available on-line at www.3riversrunning.com or call them at 260 459-3668.



Protein...”How Much Do I Need?” *By Judy Tillapaugh RD*

Carbohydrate, protein, and fat are the only three nutrients that give us calories for energy. Yet protein is primarily used for building and repairing body tissues. It aids in immune cell formation, bone strength, tough teeth, maintenance of body tissues (i.e., tendons, muscles, hair, nails, and skin), healthy organs, stable blood sugar, and learning abilities.

How much protein do we need each day? We all have our own special daily requirement based on our age, weight, and activity level. The average adult needs .4 grams per pound of body weight. Active adults need .5 to .8 grams protein per pound of body weight.

An active 100 pound person needs 50 to 80 grams protein per day. An active 125 pound person needs 63 to 100 grams protein per day. An active 150 pound person needs 75 to 120 grams protein per day. And an active 200 pound person needs 100 to 160 grams protein per day

How does this translate to real food? The best protein sources are meat, poultry, fish, eggs, beans, nuts, yogurt, milk, and cheese. Here’s list with some of them and their grams of protein per serving. A sample menu for a day is also provided. Think about which foods you use.

Food:	Protein (grams)
fish, poultry, meat (3 oz. cooked)	20 - 30
milk- 2%, 1%, or skim (1 cup)	8
yogurt (6- 8 oz)	8- 11
cottage cheese (½ cup)	15
cheese (1 oz.)	7
egg (1)	7
tofu, firm (½ cup)	20
soybean, cooked (½ cup)	14
lentil, pinto beans, or kidney beans (½ cup)	8
sunflower seeds (2 Tbsp)	5
peanut butter (2 Tbsp.)	8
nuts (1 oz)	8
pudding, made from milk, instant (1 cup)	8
pasta or noodles, cooked (1 cup)	6
bread, (1 slice)	3
vegetables, cooked , (½ cup)	2
Power bar, Cliff bar, or Balance Bar	10 - 15

Sample 2000 - 2200 Calorie Meal Plan

Breakfast (18 grams protein):

2 slices toast or 1 ½ cups cereal
banana
1 cup milk or yogurt
1 Tbsp peanut butter

Lunch (30 grams protein):

Bun with 3 ounces turkey
a little mayonnaise
Fresh tomato or carrot, sliced
Grapes, berries, or another fresh fruit

Dinner (34- 40 grams protein):

3 - 4 ounces lean meat, poultry, or fish
1 ½ cups potatoes, pasta, noodles, or rice
1 cup cooked vegetables or tossed salad
small dish pineapple or peach slices
2 -3 tsp canola oil or trans fat free margarine

Snack (14 grams protein)

12 - 16 crackers or 1 cup cereal mix
1 ounce string cheese or 1 cup yogurt

Snack (14 grams protein)

6 cups popcorn or small bowl of pretzels
1 cup milk, soy milk, or yogurt

Total protein = 110 - 117 grams

Protein supplements are rarely needed. You can give your body what it needs with real food choices. Plan meals! The more we think before we eat the more likely we give ourselves the energizing food we need. If you have any questions feel free to contact me or another registered dietitian.

9th Annual Run For Fun 5K

Warsaw IN

May 15, 2004

Place	Name	City	Age Group	Time	Pace
1	James Kennedy	Winona Lake In	***** M 25-29	15:50	5:06/M
2	Eric Crawford	Warsaw In	***** M 25-29	17:33	5:40/M
3	Justina Faulkner	Bourbon In	***** F 25-29	17:37	5:41/M
4	Dean Speicher	Ligonier In	1 M 30-34	17:50	5:45/M
5	Michael Moore	Warsaw In	1 M 19-24	18:17	5:54/M
6	Matt Reimanic	Warsaw In	2 M 30-34	18:38	6:01/M
7	Brian Van Soest	Logansport In	1 M 40-44	18:53	6:05/M
8	Sammy Maindi	Indianapolis In	1 M 25-29	19:04	6:09/M
9	Scott Hutchison	Kendallville In	1 M 35-39	19:31	6:18/M
10	Tommy Locklin	Millersburg In	2 M 19-24	19:45	6:22/M
11	Rod Cart	Elkhart In	2 M 40-44	19:51	6:24/M
12	Glenn Goudey	Warsaw In	1 M 45-49	20:08	6:30/M
13	Ruben Flores		3 M 30-34	20:31	6:37/M
14	Dave Berkey	Nappanee In	3 M 40-44	20:50	6:43/M
15	Tim Overmyer	Argos In	1 M 50-54	20:54	6:45/M
16	Justin Frerick	Syracuse In	2 M 45-49	21:25	6:55/M
17	Dewain Cobbs	Warsaw In	1 M 60-65	21:30	6:56/M
18	Risia Rinker	Syracuse In	***** F 40-44	22:04	7:07/M
19	Don Ransome	Warsaw In	2 M 50-54	22:33	7:16/M
20	David M Huffman	Fort Wayne In	4 M 40-44	22:36	7:17/M
21	Monika GIBSON	Warsaw IN	1 F 35-39	22:40	7:19/M
22	Charlie Wappes	Warsaw In	5 M 40-44	23:05	7:27/M
23	Megan De Renzo	Winona Lake In	1 F 13-18	23:23	7:33/M
24	Jaimie Grossnickle	Winona Lake In	2 F 13-18	23:28	7:34/M
25	Robert Sennett	Warsaw In	2 M 60-65	23:50	7:41/M
26	Sergei Milashuk	Warsaw IN	1 M 13-18	23:59	7:44/M
27	Emily Tuggle	Winona Lake In	3 F 13-18	24:03	7:45/M
28	Bruce Grossnickle	Winona Lake In	3 M 50-54	24:05	7:46/M
29	Jennifer Savage	Warsaw In	1 F 30-34	24:20	7:51/M
30	Cliff Newsome	Bourbon In	3 M 45-49	24:27	7:53/M
31	Andrew Wallach	Syracuse In	3 M 19-24	24:42	7:58/M
32	Kim Crawford	Warsaw In	1 F 25-29	24:43	7:58/M
33	Joe Walburn	Fort Wayne In	4 M 30-34	25:35	8:15/M
34	Daniel Santus	Berrien Springs Mi	6 M 40-44	25:44	8:18/M
35	Mary Crane	WARSAW IN	1 F 40-44	25:48	8:19/M
36	Patsy Doty	Syracuse In	2 F 25-29	25:49	8:20/M
37	Matt Scott	Warsaw In	2 M 35-39	26:07	8:25/M
38	Elise Smolen	Warsaw In	4 F 13-18	26:22	8:30/M
39	Micha Harner	Plymouth In	1 M 0-12	26:27	8:32/M
40	Yonghui Harbes	Milford In	1 F 50-54	26:30	8:33/M
41	Keleece Foerster	Syracuse In	2 M 0-12	26:59	8:42/M
42	Elise Guy	Winona Lake In	1 F 19-24	27:02	8:43/M
43	Erin Bailey	Warsaw In	2 F 19-24	27:13	8:47/M
44	Rachelle Lara	Warsaw In	3 F 19-24	27:26	8:51/M
45	Melody Lawton	Winona Lake In	5 F 13-18	27:29	8:52/M
46	Dana Budd	New Haven In	4 M 45-49	27:31	8:53/M
47	Lonnie Harner	Plymouth In	3 M 35-39	27:36	8:54/M
48	Barb Scroggham	Fort Wayne In	1 F 55-59	27:42	8:56/M
49	Jenny Reichert	Bourbon In	1 F 45-49	27:47	8:58/M
50	Laura Kaufman	Warsaw In	2 F 30-34	27:48	8:58/M
51	Quinn Schafer	Roanoke In	2 M 13-18	27:54	9:00/M
52	Laura Cooper	Warsaw In	3 F 25-29	27:57	9:01/M
53	Angela Fibican	Elkhart In	3 F 30-34	28:01	9:02/M
54	Kara Calhoon	North Webster In	4 F 25-29	28:07	9:04/M
55	Betsy Hoffman	North Webster In	2 F 50-54	28:21	9:09/M
56	Wade Schwan	Warsaw In	4 M 35-39	28:25	9:10/M
57	Charlene Bennett	Elkhart In	2 F 40-44	28:35	9:13/M
58	Heinz Fussle	Winona Lake In	3 M 60-65	28:36	9:14/M
59	Mary Rodriguez	Warsaw In	2 F 45-49	28:51	9:18/M
60	Marcia Shirley	Bourbon In	3 F 40-44	29:02	9:22/M
61	Michele Dolby	Goshen In	4 F 19-24	29:07	9:24/M
62	Michelle White	Syracuse In	4 F 40-44	29:12	9:25/M
63	Michael Acker	Syracuse In	5 M 30-34	29:14	9:26/M
64	Donald Lindley	Fort Wayne In	4 M 60-65	29:49	9:37/M
65	Mark Jernigan	Fort Wayne In	6 M 30-34	29:57	9:40/M
66	Sharon Zepeda	Goshen In	3 F 45-49	30:24	9:48/M
67	Susan Peterson	Albion In	4 F 45-49	30:35	9:52/M
68	Jordan Harner	Plymouth In	3 M 0-12	30:40	9:54/M
69	Eric Gates	Fort Wayne In	7 M 30-34	31:07	10:02/M
70	Jennifer Bradley	Warsaw In	5 F 25-29	31:34	10:11/M
71	Shelia Cobb	Warsaw In	5 F 45-49	31:48	10:15/M
72	Rosa Isela Recillas	Winona Lake In	4 F 30-34	32:10	10:23/M
73	Linda Schafer	Roanoke In	6 F 45-49	32:33	10:30/M
74	Ashley Henry	Warsaw In	6 F 13-18	32:40	10:32/M
75	Charles Williams	Atwood In	1 M 55-59	33:13	10:43/M
76	Polly Henry	Carmel In	5 F 19-24	33:43	10:53/M
77	Robert Recillas	Winona Lake In	5 M 35-39	33:49	10:55/M
78	Joscelyn Wiggs	Syracuse In	7 F 13-18	34:06	11:00/M
79	Angel Gilbertson	Warsaw In	6 F 25-29	35:38	11:30/M
80	Marco Navarro	Warsaw In	4 M 0-12	35:57	11:36/M
81	Delia Navarro	Warsaw In	2 F 35-39	36:11	11:40/M
82	Emily Schafer	Roanoke In	1 F 0-12	36:30	11:46/M
83	Robin Schafer	Roanoke In	2 F 0-12	36:45	11:51/M
84	Tony Jacobson	Warsaw In	8 M 30-34	39:38	12:47/M

9th Annual Run For Fun 5K

Warsaw IN

May 15, 2004

Place	Name	City	Age Group	Time	Pace
85	Sandra Lara	Warsaw In	6 F 19-24	39:47	12:50/M
86	Kenneth E Disler	Fort Wayne In	1 M 66-99	40:13	12:58/M
87	Kelly Basalo	Warsaw In	7 F 19-24	42:22	13:40/M
88	Diego Basalo	Warsaw In	9 M 30-34	42:44	13:47/M
89	Daisy Jacobson	Warsaw In	5 F 30-34	43:26	14:01/M
90	Shannon Johnson	North Webster In	7 F 25-29	45:50	14:47/M
91	Amber Jaress	North Webster In	8 F 19-24	45:51	14:47/M
92	Chauncey Wiggs	Syracuse In	9 F 19-24	45:51	14:47/M
93	Roger Wiggs	Syracuse In	4 M 50-54	45:52	14:48/M
94	Denise Wiggs	Syracuse In	7 F 45-49	46:25	14:58/M
95	Debora Navarro	Warsaw In	3 F 0-12	46:32	15:01/M
96	Lisa Chapin	Warsaw In	10 F 19-24	46:33	15:01/M
97	June White	Syracuse In	1 F 66-99	47:53	15:27/M
98	Douglas Bartman	Warsaw In	5 M 50-54	55:19	17:51/M
99	Bree Bartman	Warsaw In	11 F 19-24	55:48	18:00/M

Results By Fort Wayne Track Club & AMB Identification & Timing

Fifth Annual River City Rat Race

10K

May 29, 2004

Place	Name	City	Age Group	Time
1	Casey Shafer	Fort Wayne In	***** M 20-24	31:48
2	Eric Ade	Fort Wayne In	1 M 25-29	33:03
3	Brennon Plotner	Fort Wayne In	1 M 18-19	33:44
4	Victor Mchenry	Craigville In	2 M 18-19	33:47
5	Adam Lee Truex	Ossian In	1 M 20-24	34:56
6	Kyle Minnich	Van Wert Oh	2 M 25-29	35:06
7	Terry Holman	Ann Arbor Mi	1 M 35-39	35:09
8	Jerry Williams Jr.	Fort Wayne In	***** M 40-44	35:28
9	Chris Brown	Bluffton In	2 M 20-24	35:39
10	Kaleb Vanort	Waterloo In	3 M 20-24	36:12
11	Tim O'connell	Fort Wayne In	1 M 45-49	36:19
12	Mike Ridenour	Fort Wayne In	4 M 20-24	36:28
13	Scott Lefforge	Bluffton In	5 M 20-24	36:41
14	Billy Snow	Auburn In	1 M 16-17	36:49
15	Jay Prichard	Van Wert Oh	2 M 45-49	37:00
16	Sam N Bird	Columbia City In	1 M 0-15	37:03
17	Jeff Pritchard	Winona Lake In	1 M 40-44	37:05
18	Tim Freeman	Fort Wayne In	2 M 35-39	37:09
19	Peter Ryan	Fort Wayne In	6 M 20-24	37:11
20	Stefan Bolger	Fort Wayne In	2 M 16-17	37:18
21	Andrew I Nelson	New Haven In	3 M 18-19	37:27
22	Andrew Joseph	Shipsheana In	7 M 20-24	37:29
23	Brad A Thomas	Fort Wayne In	3 M 25-29	37:29
24	Bobby Moldovan	Fort Wayne In	2 M 0-15	37:45
25	Nick McBride	Ossian In	3 M 16-17	37:59
26	Mitchell White	Fort Wayne In	4 M 16-17	38:04
27	Charles Kimani	Fort Wayne In	4 M 25-29	38:13
28	Matt Carney	Fort Wayne In	1 M 30-34	38:17
29	Renee Mangette	Blacklick Oh	***** F 30-34	38:21
30	Phil Suelzer	Fort Wayne In	1 M 50-54	38:32
31	Kurt Walborn	Fort Wayne In	2 M 40-44	38:37
32	Michael Moore	Warsaw In	8 M 20-24	38:48
33	Mark Walter	Garrett In	3 M 35-39	38:54
34	Brad Altevogt	Fort Wayne In	3 M 45-49	38:56
35	Tim Traycoff	Fishers In	3 M 40-44	39:06
36	Josh Miller	Waterloo In	5 M 16-17	39:16
37	William Delaney	Columbia City In	3 M 0-15	39:26
38	Ron Welsh	Greenwood In	4 M 35-39	39:28
39	Paul Cearns	Convoy Oh	5 M 35-39	39:32
40	Ted Jacquay	Monroeville In	6 M 35-39	39:44
41	Will Johnson	Huntertown In	4 M 0-15	39:49
42	Mike Slaubaugh	Fort Wayne In	4 M 40-44	39:52
43	Neil Tate	North Manchester	2 M 50-54	39:57
44	Max Victor	Huntington In	5 M 40-44	39:59
45	Michael Niezer	Fort Wayne In	6 M 16-17	40:00
46	Sean Hako	Auburn In	7 M 16-17	40:07
47	Andrew Gregory	Fort Wayne In	9 M 20-24	40:07
48	Birur Desta	Fort Wayne In	8 M 16-17	40:08
49	John Treleaven	Fort Wayne In	3 M 50-54	40:11
50	Kelly Mahoney	Logansport In	2 M 30-34	40:14
51	Tom Foss	Fort Wayne In	4 M 45-49	40:19
52	Brandon Reichert	Fort Wayne In	10 M 20-24	40:28
53	Eric Hoffman	Fort Wayne In	7 M 35-39	40:30
54	Chad Matthaidess	Auburn In	3 M 30-34	40:37
55	Anthony Juliano	Fort Wayne In	4 M 30-34	40:50
56	Stephen Clark	Fort Wayne In	9 M 16-17	41:00
57	Ted Williams	Winona Lake In	5 M 45-49	41:08
58	Linda Keuneke	Fort Wayne In	***** F 40-44	41:11

Fifth Annual River City Rat Race

10K

Place	Name	City	Age Group	Time
59	Jason Ridge	Columbia City In	5 M 25-29	41:16
60	Matthew Hall	Fort Wayne In	5 M 30-34	41:19
61	Cassie Jones	Montpelier In	1 F 20-24	41:23
62	Kim Shearer	Columbia City In	1 F 25-29	41:24
63	Brian Godspeed	Fort Wayne In	10 M 16-17	41:25
64	Jed Pearson	Columbia City In	4 M 50-54	41:27
65	Kevin Parrella	Fort Wayne In	8 M 35-39	41:27
66	Darlene Barton	Avilla In	2 F 25-29	41:39
67	Jow Ryan, Jr	Fort Wayne In	5 M 0-15	41:39
68	Ethan Roebuck	Markle In	6 M 0-15	41:42
69	Steve Vankoski	Fort Wayne In	9 M 35-39	41:44
70	Ron Jenning	Wolcottville In	10 M 35-39	41:50
71	Greg Ridenour	Fort Wayne In	5 M 50-54	41:50
72	King Oberlin	Angola In	6 M 25-29	41:53
73	Mark Pace	Fort Wayne In	6 M 40-44	41:58
74	Jacob Wyatt	Angola In	7 M 0-15	41:59
75	Ashley Ritchey	Spencerville In	1 F 18-19	42:00
76	Jamie Vandersaul	Columbia City In	11 M 35-39	42:01
77	Nathan Fast	Haviland Oh	4 M 18-19	42:09
78	Leslee Getts	Corunna In	1 F 16-17	42:14
79	Greg Moe	6 M 45-49	6 M 45-49	42:15
80	Chuck Brown	Bluffton In	7 M 45-49	42:17
81	Dave Arens	Sherwood Oh	7 M 40-44	42:23
82	Robert Freds	Huntington In	11 M 16-17	42:26
83	Gregory Wilson	Batesville In	8 M 45-49	42:30
84	Paul E Knott	Fort Wayne In	8 M 40-44	42:33
85	Jason Sorg	Fort Wayne In	7 M 25-29	42:37
86	Jared Minnick	Leo In	11 M 20-24	42:39
87	Joe Savina	Fort Wayne In	12 M 35-39	42:41
88	Anne Duff	Fort Wayne In	1 F 35-39	42:48
89	Karl Behrens	Fort Wayne In	6 M 30-34	42:49
90	Bob Bruckner	Fort Wayne In	1 M 55-59	42:51
91	Mark Myers	Fort Wayne In	13 M 35-39	42:57
92	Leon Bryson	Ann Arbor Mi	9 M 40-44	43:00
93	Tom Guevara	Bloomington In	9 M 45-49	43:04
94	Elbert Starks	Fort Wayne In	14 M 35-39	43:07
95	Dan Wyatt	Angola In	10 M 40-44	43:08
96	Grant Grimm	Columbia City In	8 M 0-15	43:08
97	Jonathan Chansyna	Fort Wayne In	12 M 16-17	43:18
98	Anne Idding	Corunna In	2 F 18-19	43:24
99	Terrence Coonan Jr	Fort Wayne In	5 M 18-19	43:24
100	Diana Schowe	Auburn In	2 F 35-39	43:26
101	Judy White	Fort Wayne In	1 F 45-49	43:29
102	James Mckinnon	Waterloo In	10 M 45-49	43:32
103	Casey Johnson	Fort Wayne In	9 M 0-15	43:42
104	Paula Rickerd	Fort Wayne In	1 F 30-34	43:44
105	Steve Getts	Corunna In	11 M 40-44	43:48
106	Jeff Taner	Fort Wayne In	12 M 40-44	43:54
107	Thomas Wheeler	Fort Wayne In	13 M 40-44	43:55
108	Matt Brindle	Evansville In	7 M 30-34	43:57
109	Eric Westrick	Auburn In	13 M 16-17	43:59
110	Jerry Steinhoff	Fort Wayne In	11 M 45-49	44:01
111	Joe Saalfrank	New Haven In	14 M 40-44	44:03
112	Carl Jacquay	Monroeville In	14 M 16-17	44:06
113	Andy Jacquay	Fort Mitchell Ky	12 M 20-24	44:07
114	Andrew Nelson	Fort Wayne In	15 M 16-17	44:13
115	Tim Maxson	Pt Wayne In	8 M 30-34	44:13
116	Joel Bertles	Fort Wayne In	16 M 16-17	44:14
117	Chris Dunmire	Fort Wayne In	9 M 30-34	44:19
118	Dan Cummsiskey	Fort Wayne In	15 M 40-44	44:27
119	Chuck Danman	Fort Wayne In	15 M 35-39	44:31
120	Pat Beuchel	Fort Wayne In	12 M 45-49	44:38
121	Courtney Raypole	Columbia City In	1 F 0-15	44:40
122	Tynae Wilson	Fort Wayne In	2 F 0-15	44:42
123	Dan Kaufman	Fort Wayne In	6 M 50-54	44:42
124	Brian Carpenter	Andrews In	10 M 30-34	44:43
125	James Curran	Fort Wayne In	16 M 40-44	44:43
126	Michael Casher	Fort Wayne In	17 M 16-17	44:45
127	Lucas Smith	Fort Wayne In	10 M 0-15	44:54
128	Mitchell Shelton	Muncie In	13 M 20-24	44:56
129	David Bowers	Fort Wayne In	11 M 30-34	45:00
130	Joe Kobler	Auburn In	13 M 45-49	45:06
131	Eric Marqueling	Indianapolis In	14 M 20-24	45:13
132	Matt Kompara	Fort Wayne In	18 M 16-17	45:27
133	Brian Lantz	Rockford Oh	15 M 20-24	45:29
134	Rob Pease	Auburn In	19 M 16-17	45:31
135	Thomas J Felts	Fort Wayne In	14 M 45-49	45:32
136	Jeff Cearbaugh	Fort Wayne In	16 M 20-24	45:34
137	Jason Appel	Fort Wayne In	12 M 30-34	45:36
138	Lindsae Rhoades	Berne In	2 F 20-24	45:42
139	Corey Williams	New Haven In	13 M 30-34	45:43
140	Andrew Piropato	Fort Wayne In	11 M 0-15	45:44
141	Steve Nivens	Fort Wayne In	15 M 45-49	45:44
142	Tommie Horn	Ossian In	12 M 0-15	45:49
143	Steph Asher	Kendallville In	3 F 20-24	45:54
144	Corbin Eckert	Markle In	13 M 0-15	46:04

Fifth Annual River City Rat Race

10K

Place	Name	City	Age Group	Time
145	John Miller	Quincy Il	16 M 45-49	46:05
146	Brett Carpenter	Fort Wayne In	16 M 35-39	46:06
147	Wes Rogers	Fort Wayne In	17 M 45-49	46:07
148	Brian Kauffman	Fort Wayne In	17 M 20-24	46:08
149	Mike Flynn	Fort Wayne In	17 M 40-44	46:13
150	Art Obregon	Pierceton In	2 M 55-59	46:15
151	Jeremy Wirges	Churubusco In	8 M 25-29	46:16
152	Jamie Wirges	Churubusco In	18 M 20-24	46:16
153	Julie McNulty	Fort Wayne In	3 F 35-39	46:18
154	Joe Schaller	Fort Wayne In	14 M 30-34	46:19
155	Adam Bishop	Fort Wayne In	14 M 0-15	46:22
156	Brian Loucks	Fort Wayne In	15 M 30-34	46:22
157	Bruce Carpenter	Fort Wayne In	16 M 30-34	46:25
158	Randy Strebis	Fort Wayne In	18 M 40-44	46:26
159	Giz Youngerman	Springfield Oh	1 M 60-64	46:27
160	Tom Felger	Angola In	2 M 60-64	46:28
161	Jordan Lebamoff	Fort Wayne In	17 M 35-39	46:35
162	Steve Zacher	Fort Wayne In	19 M 40-44	46:41
163	Christopher Didier	Fort Wayne In	20 M 40-44	46:51
164	Jay Fawver	Fort Wayne In	18 M 45-49	46:53
165	Jonathan Briars	Oak Park Il	17 M 30-34	46:55
166	Tracy Brooks	Fort Wayne In	4 F 35-39	46:57
167	Zach Saalfrank	New Haven In	15 M 0-15	46:59
168	Brian Knott	New Haven In	18 M 30-34	47:00
169	Domingo Riego	Westfield In	9 M 25-29	47:01
170	Josh Howard	Fort Wayne In	20 M 16-17	47:04
171	Jarrold Brubaker	Fort Wayne In	10 M 25-29	47:06
172	David James	Valparaiso In	19 M 45-49	47:08
173	Todd Weaver	Fort Wayne In	19 M 30-34	47:09
174	Ben McBride	Ossian In	16 M 0-15	47:13
175	Brad Hess	Fort Wayne In	17 M 0-15	47:15
176	Brett Hess	Fort Wayne In	18 M 35-39	47:15
177	Bob Worrel	Fort Wayne In	21 M 40-44	47:16
178	Bernie Burgette	Fort Wayne In	3 M 60-64	47:18
179	Jessica Hayes	Fort Wayne In	3 F 25-29	47:22
180	Lon R Braun	Fort Wayne In	7 M 50-54	47:28
181	Jeff Metzger	Fort Wayne In	22 M 40-44	47:29
182	Bret Campbell	Fort Wayne In	20 M 30-34	47:32
183	Ted Snavelly	Silver Lake In	23 M 40-44	47:33
184	Erin Brady	Fort Wayne In	2 F 30-34	47:35
185	Len Piropato	Fort Wayne In	20 M 45-49	47:35
186	Christine Kmicikewicz	Fort Wayne In	4 F 25-29	47:37
187	Patrick Ryan	Fort Wayne In	21 M 45-49	47:41
188	Shawn Demarest	Fort Wayne In	21 M 30-34	47:42
189	Susan Reddoch	Carmel In	5 F 35-39	47:43
190	Joe Reddoch	Carmel In	19 M 35-39	47:43
191	Dennis Klopfenstein	New Haven In	22 M 45-49	47:44
192	Victor Schott	Bluffton In	24 M 40-44	47:44
193	David Geiger	Churubusco In	25 M 40-44	47:45
194	Michael Variell	Convoy Oh	23 M 45-49	47:48
195	Jim Pickett	Waterloo In	8 M 50-54	47:54
196	Amy Meyer	Berne In	4 F 20-24	47:58
197	Ray Contreras	Paulding Oh	1 M 65-69	48:01
198	John Hamilton	Fort Wayne In	26 M 40-44	48:03
199	Bliss Cook	Fort Wayne In	2 F 16-17	48:03
200	Monika Gibson	Warsaw In	6 F 35-39	48:06
201	Sam Gillie	Fort Wayne In	22 M 30-34	48:06
202	Don Ransome	Warsaw In	9 M 50-54	48:06
203	Troy Mcarthy	Auburn In	23 M 30-34	48:06
204	David Dienelt	Fort Wayne In	11 M 25-29	48:07
205	Denise Conrad	Decatur In	1 F 40-44	48:19
206	Steve McMahon	Fort Wayne In	27 M 40-44	48:21
207	David E Boylan	Fort Wayne In	4 M 60-64	48:22
208	David Edsall	Fort Wayne In	24 M 45-49	48:23
209	Marvin Eady Jr	Fort Wayne In	28 M 40-44	48:24
210	Pete Costello	Fort Wayne In	29 M 40-44	48:24
211	Rick Briars	Fort Wayne In	24 M 30-34	48:24
212	Karen Kosberg	Fort Wayne In	2 F 40-44	48:34
213	Larry Jackson	Fort Wayne In	30 M 40-44	48:36
214	Linda Anderson	Fort Wayne In	3 F 40-44	48:38
215	Jennifer Messer	Fort Wayne In	3 F 30-34	48:38
216	Dean Russ	Fort Wayne In	25 M 45-49	48:40
217	David Boyer	Fort Wayne In	21 M 16-17	48:45
218	Amy Hile	Fort Wayne In	7 F 35-39	48:49
219	Courtney Chapman	Leo In	3 F 0-15	48:56
220	Tom Shearer	Columbia City In	10 M 50-54	48:56
221	Staci Beiswanger	South Whitley In	8 F 35-39	48:57
222	John Farrow	Albuquerque Nm	3 M 55-59	49:09
223	Karly Vanort	Waterloo In	3 F 18-19	49:11
224	Katie Parrish	Fort Wayne In	4 F 18-19	49:11
225	Tom Maher	Fort Wayne In	31 M 40-44	49:12
226	Laura Griggs	Fort Wayne In	3 F 16-17	49:12
227	Rick Harkenrider	Fort Wayne In	32 M 40-44	49:12
228	Kylee Keuneke	Decatur In	4 F 0-15	49:20
229	Brian Dawson	La Fontaine In	11 M 50-54	49:27
230	Kevin Lochner	North Manchester	26 M 45-49	49:27

Fifth Annual River City Rat Race

10K

May 29, 2004

Place	Name	City	Age Group	Time
231	Craig Bobay	Fort Wayne In	27 M 45-49	49:27
232	Sheryle Braaten	Hoagland In	4 F 40-44	49:32
233	David Greene	Fort Wayne In	33 M 40-44	49:37
234	Scott Koons	Fort Wayne In	25 M 30-34	49:37
235	Donald Kramer	Van Wert Oh	12 M 50-54	49:47
236	Scott A Miller	Fort Wayne In	13 M 50-54	49:48
237	John David Mcpherson	Fort Wayne In	14 M 50-54	49:49
238	Hidi Huston	Gas City In	5 F 25-29	49:50
239	Mark Waldron	Wawaka In	28 M 45-49	49:59
240	Chris Adang	Fort Wayne In	12 M 25-29	50:01
241	Terry Anderson	Fort Wayne In	15 M 50-54	50:02
242	David Korte	Fort Wayne In	20 M 35-39	50:06
243	Bill Ryan	Fort Wayne In	29 M 45-49	50:07
244	Joe Ziegler	New Haven In	2 M 65-69	50:12
245	Kim A Lefever	Columbia City In	30 M 45-49	50:14
246	Tim Newlin	Fort Wayne In	34 M 40-44	50:14
247	Brian Renner	Van Wert Oh	26 M 30-34	50:18
248	Jesse Brown	Huntington In	13 M 25-29	50:19
249	Stephen Olson	Fort Wayne In	14 M 25-29	50:22
250	Sarah Forman	Churubusco In	4 F 16-17	50:22
251	Tracy Cross	Fort Wayne In	35 M 40-44	50:24
252	Mark Forman	Churubusco In	36 M 40-44	50:31
253	Jerry Berghoff	Fort Wayne In	27 M 30-34	50:33
254	Bill Crane	Warsaw In	5 M 60-64	50:36
255	Jamie Armstrong	Auburn In	5 F 16-17	50:42
256	Tom Dwire	Fort Wayne In	31 M 45-49	50:43
257	Jim Doyle	Fort Wayne In	21 M 35-39	50:48
258	Gary Shearer	Fort Wayne In	22 M 35-39	50:49
259	Rich Stephenson	Monroeville In	4 M 55-59	50:50
260	Frank Hunt	Fort Wayne In	37 M 40-44	50:53
261	Chuck Zumburn	Churubusco In	32 M 45-49	51:04
262	David M Huffman	Fort Wayne In	38 M 40-44	51:04
263	Molly Sheehan	Fort Wayne In	5 F 20-24	51:06
264	Darryl Cargo	Fort Wayne In	39 M 40-44	51:09
265	Shelley Chapman	Leo In	9 F 35-39	51:12
266	Dennis Voegele	Leo In	33 M 45-49	51:12
267	Timothy Ryan	Fort Wayne In	34 M 45-49	51:23
268	Keith Bernard	Fort Wayne In	40 M 40-44	51:26
269	Bill Harris	Grabill In	3 M 65-69	51:30
270	Tyrone Wilson	Fort Wayne In	41 M 40-44	51:32
271	Jill Bause	Fort Wayne In	4 F 30-34	51:34
272	Eric Kleinrichert	Fort Wayne In	23 M 35-39	51:35
273	Sarah Badenhop	Fort Wayne In	6 F 16-17	51:40
274	Sue Steffy	Fort Wayne In	10 F 35-39	51:47
275	Evans Boeve	Fort Wayne In	15 M 25-29	51:49
276	Courtney Wennemar	Fort Wayne In	6 F 25-29	51:50
277	Joel Schartzter	Goshen In	5 M 55-59	51:52
278	Gina Herald	Fort Wayne In	6 F 20-24	51:56
279	Brad Heyneman	Fort Wayne In	24 M 35-39	52:00
280	Jeff Sumwalt	Fort Wayne In	42 M 40-44	52:05
281	Julianne Houser	Fort Wayne In	5 F 40-44	52:06
282	Stew Hall	Aurora In	6 M 55-59	52:10
283	Chris Gillott	Fort Wayne In	16 M 25-29	52:11
284	Grant Schultz	Fort Wayne In	43 M 40-44	52:24
285	William Dinger	Fort Wayne In	35 M 45-49	52:24
286	Scott Aldrich	Auburn In	28 M 30-34	52:27
287	Stephen Woenker	Fort Wayne In	36 M 45-49	52:40
288	Andy Haxton	Fort Wayne In	25 M 35-39	52:46
289	Jennifer Savage	Warsaw In	5 F 30-34	52:47
290	Joe Ryan	Fort Wayne In	44 M 40-44	52:52
291	Amy Stephan	Fort Wayne In	7 F 25-29	52:53
292	Jim Steinberg	Saint Marys Oh	16 M 50-54	52:55
293	Michael Mabee	Fort Wayne In	17 M 25-29	52:58
294	Tina Vandersaul	Columbia City In	11 F 35-39	53:00
295	Rene Waterson	Columbia City In	2 F 45-49	53:01
296	Megan Kostrubanic	Fort Wayne In	6 F 30-34	53:05
297	Rebecca Haggerty	Fort Wayne In	7 F 20-24	53:05
298	Mallory Vandersaul	Columbia City In	5 F 0-15	53:06
299	Beth Belleville	Fort Wayne In	12 F 35-39	53:10
300	Roger Grable	Columbia City In	45 M 40-44	53:13
301	Laura Shearer	Fort Wayne In	6 F 40-44	53:20
302	Laurie Whisler	Fort Wayne In	13 F 35-39	53:23
303	Joe Astroski	Fort Wayne In	37 M 45-49	53:24
304	Jim Berghoff	Fort Wayne In	46 M 40-44	53:24
305	Shalon Meyer	Auburn In	8 F 20-24	53:26
306	Kirsten Baker	Fort Wayne In	8 F 25-29	53:30
307	Amy Riego	Westfield In	9 F 25-29	53:35
308	Monica French	Fort Wayne In	10 F 25-29	53:48
309	Tracy Hill	Huntington In	47 M 40-44	53:49
310	Kimberly Clawin	Plain City Oh	11 F 25-29	53:55
311	Susan Palleschi	Fort Wayne In	12 F 25-29	53:55
312	Greg Childers	Fort Wayne In	48 M 40-44	54:04
313	Bud Stiffler	Anderson In	4 M 65-69	54:08
314	Phil Clark	Fort Wayne In	49 M 40-44	54:31
315	John Mckinnon	Fowlerville Mi	50 M 40-44	54:32
316	Luis Deveyra	Fort Wayne In	38 M 45-49	54:34

Fifth Annual River City Rat Race

10K

May 29, 2004

Place	Name	City	Age Group	Time
317	Derek Blaskie	Rome City In	18 M 0-15	54:44
318	Terry Rager	Fort Wayne In	26 M 35-39	54:47
319	Kerry Blanchette	Fort Wayne In	17 M 50-54	54:49
320	Robert Jacobs	Westfield In	29 M 30-34	54:51
321	Steve Jacobs	Fort Wayne In	7 M 55-59	54:51
322	Thomas Boyer	Fort Wayne In	39 M 45-49	54:53
323	Victor Aleman	Fort Wayne In	18 M 50-54	54:57
324	Terri Gross	Fort Wayne In	3 F 45-49	54:58
325	John Musser	Fort Wayne In	18 M 25-29	55:07
326	Joe Walburn	Fort Wayne In	30 M 30-34	55:09
327	Kim Larsen	Fort Wayne In	7 F 40-44	55:11
328	Phillip Kelley	Churubusco In	51 M 40-44	55:12
329	Amy Baluvelt	Fort Wayne In	9 F 20-24	55:16
330	Dave Anderson	Fort Wayne In	52 M 40-44	55:18
331	Alex Guevara	Cary Nc	40 M 45-49	55:19
332	Jennifer Dillon	Fort Wayne In	7 F 30-34	55:20
333	Matt Scott	Warsaw In	27 M 35-39	55:24
334	Michael Wolfe	Fort Wayne In	31 M 30-34	55:28
335	Laura Ingram	Auburn In	14 F 35-39	55:32
336	Matthew Dolsen	Fort Wayne In	19 M 20-24	55:40
337	Danette Vongunten	Berne In	13 F 25-29	55:42
338	Scott Frick	Kendallville In	53 M 40-44	55:44
339	Darrell Rodgers	Fort Wayne In	28 M 35-39	55:44
340	Barb Scroggum	Fort Wayne In	1 F 55-59	55:45
341	Ben Ahrens	Fort Wayne In	20 M 20-24	55:50
342	Maricela Stroud	Fort Wayne In	14 F 25-29	55:50
343	Victoria Downs	Fort Wayne In	15 F 35-39	55:53
344	Mark Corral	Fort Wayne In	29 M 35-39	56:02
345	Gretchen Zartman	Fort Wayne In	8 F 30-34	56:04
346	Heidi Owens	Chicago Il	16 F 35-39	56:12
347	Michel Haney	Columbia City In	15 F 25-29	56:14
348	Gary Gordon	Churubusco In	54 M 40-44	56:14
349	Afshin Afarin	Fort Wayne In	19 M 25-29	56:18
350	Matthew Childers	Fort Wayne In	22 M 16-17	56:30
351	Bob Brotherhood	Saint Marys Oh	8 M 55-59	56:30
352	Thomas Cleveland	Fort Wayne In	55 M 40-44	56:31
353	Linda Mackey	Fort Wayne In	4 F 45-49	56:31
354	Allen Albert	Fort Wayne In	6 M 60-64	56:37
355	Tim Bland	Fort Wayne In	56 M 40-44	56:37
356	Sonny Strack	Fort Wayne In	41 M 45-49	56:38
357	Claire Weir	Fort Wayne In	8 F 40-44	56:38
358	Shannon Martinez	Fort Wayne In	16 F 25-29	56:40
359	Danielle Connelly	Fort Wayne In	9 F 30-34	56:41
360	Rochelle Alberding	Bluffton In	1 F 60-64	56:43
361	Samuel Eby	Fort Wayne In	19 M 50-54	56:48
362	Lis France	Cleveland Oh	17 F 25-29	56:49
363	Amanda Coll	Fort Wayne In	18 F 25-29	56:49
364	Bethany Sherrill	Fort Wayne In	7 F 16-17	56:51
365	Sue Griggs	Fort Wayne In	5 F 45-49	56:58
366	Emily Sovine	Preble In	19 F 25-29	56:59
367	Joy Stepinski	Fort Wayne In	20 F 25-29	57:13
368	Todd Blaskie	Rome City In	30 M 35-39	57:18
369	Bernie Huesing	Fort Wayne In	1 M 70-99	57:21
370	Natalia Earp	Fort Wayne In	21 F 25-29	57:29
371	Jeremy Earp	Fort Wayne In	20 M 25-29	57:30
372	Dan Barnes	Fort Wayne In	20 M 50-54	57:31
373	Steven E Ludwiski	Fort Wayne In	42 M 45-49	57:36
374	Alyssa Saalfrand	New Haven In	6 F 0-15	57:47
375	Dana Budd	New Haven In	43 M 45-49	57:52
376	Russ Stephens	Fort Wayne In	44 M 45-49	57:54
377	Moses Jones Sr	Fort Wayne In	9 M 55-59	58:08
378	Cathy Hawks	Fort Wayne In	6 F 45-49	58:10
379	Gregg Bender	Fort Wayne In	45 M 45-49	58:20
380	Doug Nicola	Hicksville Oh	46 M 45-49	58:24
381	Julie Jackson	Fort Wayne In	5 F 18-19	58:25
382	Tom O'malley	Fort Wayne In	21 M 50-54	58:29
383	Tina Beeber	Fort Wayne In	22 F 25-29	58:38
384	Lynn T Bobay	Fort Wayne In	22 M 50-54	59:14
385	Carol Stucky	Hoagland In	7 F 45-49	59:20
386	Brooke Martin	Fort Wayne In	23 F 25-29	59:23
387	Chad Ware	Fort Wayne In	31 M 35-39	59:28
388	Kim Fett	Fort Wayne In	10 F 30-34	59:35
389	Michel J Davis	Lawrenceburg Tn	10 M 55-59	59:40
390	Teri Walters	New Haven In	17 F 35-39	59:43
391	Rick Hilker	Fort Wayne In	47 M 45-49	59:46
392	John Lotimer	New Haven In	32 M 35-39	1:00:00
393	Kathleen Perkins	Fort Wayne In	24 F 25-29	1:00:13
394	Kelly Cutshall	Roanoke In	10 F 20-24	1:00:14
395	Laura Becks	Bluffton In	11 F 30-34	1:00:19
396	Don Reiger	Indianapolis In	48 M 45-49	1:00:19
397	Jennifer Degrook	Fort Wayne In	12 F 30-34	1:00:26
398	Rebecca Bender	Fort Wayne In	18 F 35-39	1:00:38
399	Rick Auer	Fort Wayne In	33 M 35-39	1:00:38
400	Gary Windmiller	Fort Wayne In	23 M 50-54	1:01:02
401	Larry Piano	Fort Wayne In	11 M 55-59	1:01:09
402	Linette Barry	Fort Wayne In	9 F 40-44	1:01:20

Fifth Annual River City Rat Race

10K

May 29, 2004

Place	Name	City	Age Group	Time
403	Andrew Barry	Fort Wayne In	34 M 35-39	1:01:20
404	Paul Stephens	Fort Wayne In	57 M 40-44	1:01:26
405	Cheryl Stromski	Antwerp Oh	8 F 45-49	1:01:34
406	Dick Sive	Fort Wayne In	5 M 65-69	1:01:37
407	Mark Thoma	Fort Wayne In	49 M 45-49	1:01:46
408	Chrisy Link	New Haven In	13 F 30-34	1:01:49
409	Deb Krouse	Fort Wayne In	10 F 40-44	1:01:53
410	Timothy Hogan	Fort Wayne In	24 M 50-54	1:01:57
411	Christy Baumgartner	Fort Wayne In	14 F 30-34	1:02:12
412	Kevin Hunter	Fort Wayne In	58 M 40-44	1:02:20
413	Ben Merchant	Fort Wayne In	21 M 20-24	1:02:40
414	Amber Merchant	Fort Wayne In	25 F 25-29	1:02:40
415	Kathy Thompson	Fort Wayne In	11 F 40-44	1:02:44
416	Kelly Oswalt	Auburn In	26 F 25-29	1:03:08
417	Dave Dewitt	Auburn In	25 M 50-54	1:03:08
418	Dick Harnly	Fort Wayne In	6 M 65-69	1:03:20
419	Deb Hannie	Leo In	19 F 35-39	1:03:26
420	Jay Kimes	Fort Wayne In	35 M 35-39	1:03:46
421	Jeff Davis	Fort Wayne In	36 M 35-39	1:03:48
422	Nancy Boyer	Fort Wayne In	1 F 50-54	1:04:03
423	Mark Jernigan	Fort Wayne In	32 M 30-34	1:04:10
424	Cheryl Kiel	Fort Wayne In	12 F 40-44	1:04:13
425	Edward Gebhart	Albion In	7 M 65-69	1:04:19
426	Erin Mauch	Fort Wayne In	27 F 25-29	1:05:22
427	Corina Willems	Fort Wayne In	28 F 25-29	1:05:23
428	John Moyer	Kendallville In	50 M 45-49	1:06:22
429	Monica Bowers	Fort Wayne In	29 F 25-29	1:06:25
430	Marie Millner	Huntington In	20 F 35-39	1:06:26
431	Sarah Taylor	Fort Wayne In	6 F 18-19	1:07:07
432	Carol Mahar	Fort Wayne In	7 F 18-19	1:07:07
433	Ashley Henry	Warsaw In	7 F 0-15	1:07:12
434	Tommie Williams	Fort Wayne In	19 M 0-15	1:07:12
435	Ashley Saalfrank	New Haven In	8 F 16-17	1:07:18
436	Tim Dawson	Fort Wayne In	33 M 30-34	1:07:35
437	Kendyle Rohrbacher	Fort Wayne In	30 F 25-29	1:07:41
438	Connie Gordon	Churubusco In	13 F 40-44	1:07:44
439	Linda Clevenger	Fort Wayne In	14 F 40-44	1:07:45
440	Connie Oberlin	Fort Wayne In	15 F 40-44	1:07:45
441	Polly Henry	Carmel In	8 F 18-19	1:08:48
442	Helen Ryan	Fort Wayne In	2 F 50-54	1:09:34
443	Timothy Kuhnen	Fort Wayne In	21 M 25-29	1:10:26
444	Brooke Bickel	New Haven In	11 F 20-24	1:10:50
445	Jennifer Kuhnen	Fort Wayne In	31 F 25-29	1:11:44
446	Katie Saalfrank	New Haven In	8 F 0-15	1:13:48
447	Sue Smock	Anderson In	2 F 55-59	1:14:55
448	Tom Ryan	Fort Wayne In	22 M 25-29	1:18:52
449	Betty Greider	Fort Wayne In	16 F 40-44	1:19:53
450	Tracy Keams	Harbor City Ca	32 F 25-29	1:20:03
451	Courtney Saalfrank	New Haven In	9 F 0-15	1:21:57
452	Kathy Saalfrank	New Haven In	17 F 40-44	1:22:22
453	Kenneth E Disler	Fort Wayne In	2 M 70-99	1:23:05

Results By Fort Wayne Track Club & AMB Identification & Timing

Fifth Annual River City Rat Race

5K Walk

May 29, 2004

Place	Name	City	Age Group	Time
1	Zach Eggebrecht	Fort Wayne In	1 M 0-15	29:11
2	Kirk Eggebrecht	Fort Wayne In	1 M 40-44	29:22
3	Marianne Ferguson	Fort Wayne In	1 F 40-44	30:15
4	Craig Tittman	Fort Wayne In	2 M 0-15	30:24
5	Sydney Cargo	Fort Wayne In	3 M 0-15	31:18
6	Julie Mckay	Fort Wayne In	1 F 35-39	31:28
7	Holley Taylor	Fort Wayne In	1 F 0-15	31:56
8	Mike Lee	Fort Wayne In	2 M 40-44	32:05
9	Mariel Lee	Fort Wayne In	2 F 0-15	32:08
10	Julia Lee	Fort Wayne In	3 F 0-15	32:10
11	Alexis Baker	Fort Wayne In	4 F 0-15	32:36
12	Dave Wilkening	Fort Wayne In	1 M 45-49	33:01
13	Joshua Zacher	Fort Wayne In	4 M 0-15	34:16
14	Judy Zacher	Fort Wayne In	2 F 40-44	34:41
15	Denise Costello	Fort Wayne In	3 F 40-44	37:41
16	Claire Dahm	Fort Wayne In	5 F 0-15	38:01
17	Susan Lee	Fort Wayne In	4 F 40-44	38:08
18	Kathlyn Lee	Fort Wayne In	6 F 0-15	38:10
19	Yvonne Dahm	Fort Wayne In	5 F 40-44	38:15
20	Beverly Metzger	Fort Wayne In	6 F 40-44	38:33
21	Zachary Brough	Fort Wayne In	1 M 25-29	39:11
22	Kathryn Blombach	Fort Wayne In	1 F 25-29	39:12
23	Michelle Hamilton	Fort Wayne In	2 F 35-39	39:38
24	Ashley Gabrek	Roanoke In	7 F 0-15	40:11

Fifth Annual River City Rat Race

5K Walk

May 29, 2004

Place	Name	City	Age Group	Time
25	Dan Gabrek	Roanoke In	3 M 40-44	40:15
26	Penny Cook	Fort Wayne In	3 F 35-39	40:42
27	Jackee Miller	Fort Wayne In	4 F 35-39	40:47
28	Amy Lochtefeld	Fort Wayne In	2 F 25-29	41:03
29	Julie Carrier	Fort Wayne In	1 F 50-54	41:19
30	Laura Bench	Cary Nc	3 F 25-29	42:49
31	Ann Guevara	Cary Nc	1 F 45-49	42:50
32	Joann Bird	Columbia City In	2 F 45-49	43:40
33	Sarah Bird	Columbia City In	8 F 0-15	43:42
34	Kimberly Milentis	Fort Wayne In	4 F 25-29	44:50
35	Odetta Dalta	Fort Wayne In	1 F 20-24	44:52
36	Cathy Stack	Fort Wayne In	7 F 40-44	46:04
37	Susan Miller	Fort Wayne In	3 F 45-49	46:07
38	Joann Ryan	Fort Wayne In	4 F 45-49	46:42
39	Katie Ryan	Fort Wayne In	9 F 0-15	46:55
40	Jennifer Freds	Huntington In	5 F 35-39	47:15
41	Linda Cargo	Fort Wayne In	8 F 40-44	47:45
42	Jenny Hendrickson	Fremont In	2 F 50-54	47:51
43	Lisa Hendrickson	Fort Wayne In	5 F 25-29	47:53
44	Sonja Tittman	Fort Wayne In	9 F 40-44	48:20
45	Kara Freds	Huntington In	10 F 0-15	49:01
46	Sonya Brindle	Evansville In	1 F 30-34	49:04
47	Rita Snyder	Fort Wayne In	3 F 50-54	49:06
48	Cindy Bastress	Fort Wayne In	5 F 45-49	49:30
49	Nanette Anderson	Fort Wayne In	10 F 40-44	49:33
50	Ann Marqueling	Fort Wayne In	6 F 45-49	52:50
51	David Gensheimer	Fort Wayne In	2 M 45-49	54:06
52	Traci Bixler	Fort Wayne In	6 F 35-39	54:47
53	Joanne Cearbaugh	Fort Wayne In	4 F 50-54	54:50
54	Cheryl Campbell	Fort Wayne In	2 F 30-34	55:00
55	Eula Campbell	Fort Wayne In	1 F 55-59	55:00

Results By Fort Wayne Track Club & AMB Identification & Timing

Angola Half-Marathon

June 12, 2004

Place	Name	City	Age Group	Time	Place
1	James Marangi	Winona Lake In	***** M 20-29	1:11:38	5:28/M
2	Casey Shafer	Fort Wayne In	1 M 20-29	1:13:16	5:36/M
3	Eric Ade	Fort Wayne In	2 M 20-29	1:13:17	5:36/M
4	Victor Mchenry	Craigville In	1 M 0-19	1:14:28	5:41/M
5	Bruce Pickering	Carmel In	***** M 40-44	1:20:48	6:10/M
6	Mike Ridenour	Fort Wayne In	3 M 20-29	1:21:49	6:15/M
7	Rustin Nyce	Goshen In	4 M 20-29	1:23:32	6:23/M
8	Justina Faulkner	Bourbon In	***** F 20-29	1:24:03	6:25/M
9	Rick Vorick	Fort Wayne In	1 M 50-54	1:26:21	6:35/M
10	Amanda Portis	Portage Mi	1 F 20-29	1:26:28	6:36/M
11	Chip Larowe	Auburn In	1 M 40-44	1:26:30	6:36/M
12	Mark Walter	Garrett In	1 M 35-39	1:27:13	6:39/M
13	Brad A Thomas	Fort Wayne In	5 M 20-29	1:27:53	6:43/M
14	Edward Fisk	Fort Wayne In	6 M 20-29	1:28:57	6:47/M
15	Linda Keunke	Fort Wayne In	***** F 40-44	1:31:04	6:57/M
16	Becky Rudnicki	Oregon Oh	1 F 40-44	1:31:46	7:00/M
17	Paul Beckwith	Angola In	1 M 45-49	1:32:58	7:06/M
18	Alex Munger	Montpelier Oh	2 M 0-19	1:33:21	7:08/M
19	Mark Beals	Fort Wayne In	2 M 40-44	1:34:18	7:12/M
20	Greg Moe	Garrett In	2 M 45-49	1:35:59	7:20/M
21	Brad Middleton	Auburn In	3 M 45-49	1:36:45	7:23/M
22	Chris Dunmire	Fort Wayne In	1 M 30-34	1:37:22	7:26/M
23	Bob Bruckner	Fort Wayne In	1 M 55-59	1:38:18	7:30/M
24	Dan Cummiskey	Fort Wayne In	3 M 40-44	1:40:31	7:40/M
25	Thomas Wheeler	Fort Wayne In	4 M 40-44	1:40:36	7:41/M
26	Mike Flynn	Fort Wayne In	5 M 40-44	1:40:49	7:42/M
27	Leslee Getts	Corunna In	1 F 0-19	1:42:01	7:47/M
28	Steve Getts	Corunna In	6 M 40-44	1:42:46	7:51/M
29	Joe Kobler	Auburn In	4 M 45-49	1:43:31	7:54/M
30	Justin Walters	Chicago Il	7 M 20-29	1:43:31	7:54/M
31	Brad Colson	Streator Il	2 M 30-34	1:43:45	7:55/M
32	Charles Riley	Three Rivers Mi	8 M 20-29	1:43:52	7:56/M
33	Paula Rickerd	Fort Wayne In	1 F 35-39	1:43:55	7:56/M
34	Steve Nivens	Fort Wayne In	5 M 45-49	1:44:09	7:57/M
35	Shane Swoverland	Fort Wayne In	9 M 20-29	1:44:10	7:57/M
36	Todd Brandon	Angola In	3 M 30-34	1:44:18	7:58/M
37	Craig Rimplinger	Fort Wayne In	10 M 20-29	1:44:20	7:58/M
38	Debbe Keiser	Pioneer Oh	2 F 0-19	1:46:18	8:07/M
39	Karen Kosberg	Fort Wayne In	2 F 40-44	1:46:30	8:08/M
40	Mario Garcia	Pioneer Oh	3 M 0-19	1:48:47	8:18/M
41	Christine Kmicikewicz	Fort Wayne In	2 F 20-29	1:49:15	8:20/M
42	Scott Smith	Decatur In	4 M 30-34	1:49:21	8:21/M
43	Laurie Brander	Angola In	1 F 30-34	1:49:24	8:21/M
44	Kimberly Norris	Lexington Ky	2 F 30-34	1:50:07	8:24/M
45	David Pittman	Bristol In	7 M 40-44	1:50:41	8:27/M

Angola Half-Marathon

June 12, 2004

Place Name	City	Age Group	Time	Pace
46 Tom Felger	Fort Wayne In	1 M 60-64	1:51:17	8:30/M
47 Sam Gillie	Fort Wayne In	5 M 30-34	1:52:10	8:34/M
48 Mike Colligan	Fort Wayne In	8 M 40-44	1:52:50	8:37/M
49 Amy Mayer	Berne In	3 F 20-29	1:53:12	8:38/M
50 Matt Hendrickson	Fort Wayne In	11 M 20-29	1:53:45	8:41/M
51 Thomas Johnson	Fort Wayne In	6 M 45-49	1:54:50	8:46/M
52 Julianne Houser	Fort Wayne In	3 F 40-44	1:55:01	8:47/M
53 Amy Hile	Fort Wayne In	2 F 35-39	1:55:03	8:47/M
54 David M Huffman	Fort Wayne In	9 M 40-44	1:55:09	8:47/M
55 Jenny Jackson	Auburn In	3 F 0-19	1:55:12	8:48/M
56 Jamie Armstrong	Auburn In	4 F 0-19	1:55:14	8:48/M
57 Sarah Price	Ann Arbor Mi	4 F 20-29	1:56:41	8:54/M
58 Annie Schlemmer	Indianapolis In	5 F 20-29	1:57:29	8:58/M
59 John David Mcpherson	Fort Wayne In	2 M 50-54	1:58:21	9:02/M
60 Lauren Fletcher	Battle Creek Mi	5 F 0-19	2:03:12	9:24/M
61 Jody Foreman	Marshall Mi	2 M 35-39	2:03:13	9:24/M
62 David Sparks	Toledo Oh	3 M 50-54	2:03:18	9:25/M
63 Jennifer Savage	Warsaw In	3 F 30-34	2:08:29	9:48/M
64 Mindy Smith	Waterloo In	4 F 30-34	2:08:50	9:50/M
65 Stephen Mangold	Montpelier Oh	7 M 45-49	2:11:40	10:03/M
66 Holly Burmeister	Ann Arbor Mi	5 F 30-34	2:12:08	10:05/M
67 Kristen Milkovich	Saline Mi	6 F 20-29	2:12:17	10:06/M
68 Mark Thoma	Fort Wayne In	8 M 45-49	2:12:41	10:08/M
69 Randy Hammond	Leo In	9 M 45-49	2:12:42	10:08/M
70 Thomas J Felts	Fort Wayne In	10 M 45-49	2:12:45	10:08/M
71 Linda Mackey	Fort Wayne In	1 F 45-49	2:13:24	10:11/M
72 Deb Krouse	Fort Wayne In	4 F 40-44	2:15:18	10:20/M
73 Cyril Steinhauser	Lasalle Mi	2 M 60-64	2:16:22	10:25/M
74 Rochelle Alberding	Bluffton In	1 F 60-64	2:16:28	10:25/M
75 Victoria Ballard	Fort Wayne In	3 F 35-39	2:27:04	11:14/M
76 Chad Ware	Fort Wayne In	3 M 35-39	2:28:23	11:20/M
77 Mary Steinhauser	Lasalle Mi	1 F 55-59	2:33:23	11:43/M
78 Paula Coody	Bristol In	6 F 30-34	2:45:04	12:36/M

Results By Fort Wayne Track Club & AMB Identification & Timing

Angola 5k Run/Walk

June 12, 2004

Place Name	City	Age Group	Time	Pace
1 Allen Hiner	Angola In	***** M 15-19	15:56	5:08/M
2 Justin Kowalewski	Mishawaka In	1 M 15-19	16:52	5:26/M
3 Mark A Mays	Fort Wayne In	1 M 30-34	19:15	6:13/M
4 Brad Altevogt	Fort Wayne In	***** M 45-49	19:25	6:16/M
5 Chad Mattheadess	Auburn In	2 M 30-34	19:26	6:16/M
6 John Treleaven	Fort Wayne In	1 M 50-54	19:35	6:19/M
7 Hugh Jackson	Angola In	2 M 15-19	19:43	6:22/M
8 Greg Ridenour	Fort Wayne In	2 M 50-54	19:46	6:23/M
9 Landon Matuska	Fort Wayne In	3 M 15-19	19:50	6:24/M
10 Jon Magnin	Bluffton In	4 M 15-19	19:51	6:24/M
11 Chris Sears	Angola In	3 M 30-34	20:00	6:27/M
12 Kyle Ruedorer	Fremont In	1 M 20-29	20:30	6:37/M
13 Paul E Knott	Fort Wayne In	1 M 40-44	20:31	6:37/M
14 Brian Loucks	Fort Wayne In	4 M 30-34	20:58	6:46/M
15 Sean Mcavoy	Bluffton In	1 M 0-14	21:00	6:46/M
16 Arnie Elyton	Swanton Oh	1 M 55-59	21:06	6:48/M
17 Megan Larowe	Auburn In	***** F 15-19	21:41	7:00/M
18 Alisha Getts	Corunna In	1 F 15-19	21:42	7:00/M
19 Graham Lewis	Fremont In	2 M 20-29	22:01	7:06/M
20 Joe Ziegler	New Haven In	1 M 65-69	22:08	7:08/M
21 Lynn Altevogt	Fort Wayne In	2 F 15-19	22:46	7:21/M
22 David E Boylan	Fort Wayne In	1 M 60-64	23:03	7:26/M
23 Bill Landon	Wolcottville In	2 M 60-64	23:20	7:32/M
24 Vanessa Lorenz	Russiaville In	3 F 15-19	23:54	7:43/M
25 Stacy Hullinger	Albion In	4 F 15-19	23:59	7:44/M
26 Susannah Graham	Angola In	1 F 20-29	24:56	8:03/M
27 Christine Kolbow	Fremont In	2 F 20-29	24:57	8:03/M
28 Kerry Blanchette	Fort Wayne In	3 M 50-54	24:59	8:04/M
29 Seth Kramer	Angola In	3 M 20-29	25:47	8:19/M
30 Courtney Cooper	Albion In	5 F 15-19	26:11	8:27/M
31 John Latimer	New Haven In	1 M 35-39	26:43	8:37/M
32 Emily Gallmeyer	Albion In	6 F 15-19	26:59	8:42/M
33 Brooke Winebrenner	Albion In	1 F 0-14	27:00	8:43/M
34 Bernie Huesing	Fort Wayne In	1 M 70-79	27:38	8:55/M
35 Craig Collins	Angola In	2 M 35-39	27:38	8:55/M
36 Denise Sullivan	Toledo Oh	***** F 40-44	27:43	8:56/M
37 E Foy Mcnaughton	Angola In	3 M 35-39	28:07	9:04/M
38 Jane Bitting	Albion In	3 F 20-29	28:39	9:15/M
39 Laura Johnston	Fort Wayne In	4 F 20-29	29:12	9:25/M
40 Cheryl Stromski	Antwerp Oh	1 F 45-49	29:18	9:27/M
41 Helen Ryan	Fort Wayne In	1 F 50-54	37:17	12:02/M
42 John Rae	New Haven In	4 M 35-39	37:22	12:03/M
43 Regina Blanchette	Fort Wayne In	2 F 45-49	37:24	12:04/M
44 Toney Lorenz	Russiaville In	2 M 55-59	38:37	12:27/M

Angola 5k Run/Walk

June 12, 2004

Place Name	City	Age Group	Time	Pace
45 Steven Greider	Fort Wayne In	3 M 55-59	40:12	12:58/M
46 Betty Greider	Fort Wayne In	1 F 40-44	40:15	12:59/M
47 Kenneth E Disler	Fort Wayne In	1 M 80-99	41:27	13:22/M

Results By Fort Wayne Track Club & AMB Identification & Timing

Spiece TRF Runners On Parade

5k

July 10, 2004

Place Name	City	Age Group	Time	Pace
1 Kaleb Van Ort	Waterloo In	***** M 20-24	15:03.4	4:49/M
2 Alexander Andrassy	Bay Village Oh	***** M 20-24	15:18.2	4:54/M
3 Eric Ade	Fort Wayne In	***** M 25-29	15:24.3	4:56/M
4 Casey Shafer	Fort Wayne In	1 M 20-24	15:36.9	5:00/M
5 Todd Mobley	South Bend In	2 M 20-24	15:41.2	5:02/M
6 Craig Leon	Van Wert Oh	1 M 18-19	15:50.5	5:04/M
7 Andy O'connor	Ft Wayne In	3 M 20-24	16:04.4	5:09/M
8 Josh Brunson	Fort Wayne In	1 M 25-29	16:08.5	5:10/M
9 Ryan Johnson	Auburn In	4 M 20-24	16:14.7	5:12/M
10 Brock Hagerman	Markleville In	1 M 16-16	16:16.5	5:13/M
11 Robert Creighton	Ft Wayne In	2 M 18-19	16:19.4	5:14/M
12 Jared Messmann	Fort Wayne In	1 M 17-17	16:25.0	5:16/M
13 David Iott	Fort Wayne In	5 M 20-24	16:30.4	5:17/M
14 Jesus R Trevino	Fort Wayne In	6 M 20-24	16:38.4	5:20/M
15 Matt Helm	Wabash In	2 M 17-17	16:44.6	5:22/M
16 Jerry Williams Jr.	Fort Wayne In	***** M 40-44	16:53.5	5:25/M
17 Dan Timm-Zimmerman	Fort Wayne In	7 M 20-24	16:54.6	5:25/M
18 Stephn Clark	Fort Wayne In	2 M 16-16	16:57.4	5:26/M
19 Chris Kempf	Fort Wayne In	3 M 18-19	16:59.6	5:27/M
20 Stefan Bolger	Ft Wayne In	3 M 16-16	17:02.0	5:28/M
21 Mark Green	Fort Wayne In	4 M 18-19	17:02.3	5:28/M
22 Joel Sanders	Fort Wayne In	5 M 18-19	17:15.7	5:32/M
23 Kyle Steury	Leo In	6 M 18-19	17:16.2	5:32/M
24 Bret Asslin	Fort Wayne In	7 M 18-19	17:22.7	5:34/M
25 Allen Tippmann	Fort Wayne In	4 M 16-16	17:23.3	5:34/M
26 John Schnieders	Decatur In	***** M 40-44	17:24.0	5:35/M
27 Richard Kempf	Fort Wayne In	***** M 45-49	17:32.2	5:37/M
28 Chip Larowe	Auburn In	1 M 40-44	17:33.8	5:38/M
29 Mark Doepper	Ft Wayne In	8 M 20-24	17:39.4	5:39/M
30 Andrew Miller	Fort Wayne In	3 M 17-17	17:42.6	5:40/M
31 Scott Andre	Fort Wayne In	4 M 17-17	17:44.1	5:41/M
32 Tim O'connell	Fort Wayne In	1 M 45-49	17:48.1	5:42/M
33 Chris Brown	Bluffton In	9 M 20-24	17:55.0	5:45/M
34 Mark A Mays	Fort Wayne In	1 M 30-34	17:55.6	5:45/M
35 Brad A Thomas	Fort Wayne In	2 M 25-29	18:01.9	5:46/M
36 Eric Becher	Fort Wayne In	5 M 17-17	18:09.3	5:49/M
37 Kurt Walborn	Fort Wayne In	2 M 40-44	18:09.6	5:49/M
38 Quinn White	Van Wert Oh	1 M 35-39	18:10.2	5:49/M
39 Andy Coolidge	Fort Wayne In	1 M 15-15	18:10.5	5:49/M
40 Steve Andre	Fort Wayne In	6 M 17-17	18:11.4	5:50/M
41 Jay Prichard	Van Wert Oh	2 M 45-49	18:13.4	5:50/M
42 Pedro Sedano	Ft Wayne In	3 M 25-29	18:14.6	5:51/M
43 Kyle Schmidt	Fort Wayne In	7 M 17-17	18:14.8	5:51/M
44 Matt Carney	Fort Wayne In	2 M 30-34	18:17.7	5:52/M
45 Adele Mitchell	Fort Wayne In	***** F 17-17	18:18.6	5:52/M
46 Charles Kimani	Fort Wayne In	4 M 25-29	18:23.9	5:54/M
47 J J Horn	Ossian In	8 M 17-17	18:24.7	5:54/M
48 Hugh Jackson	Fort Wayne In	9 M 17-17	18:32.3	5:56/M
49 Colin Altevogt	Fort Wayne In	10 M 17-17	18:34.8	5:57/M
50 Jonathan Garver	Ossian In	5 M 16-16	18:36.0	5:58/M
51 Mike Slaubaugh	Fort Wayne In	3 M 40-44	18:37.4	5:58/M
52 Jason Osborn	Anderson In	5 M 25-29	18:38.1	5:58/M
53 Brad Altevogt	Fort Wayne In	3 M 45-49	18:40.7	5:59/M
54 Kathryn Morrical	Grabill In	***** F 16-16	18:40.7	5:59/M
55 Greg Huffman	Fort Wayne In	6 M 16-16	18:43.6	6:00/M
56 Michael Keefer	Fort Wayne In	7 M 16-16	18:44.0	6:00/M
57 Jacob Doctor	Monroeville In	11 M 17-17	18:44.4	6:00/M
58 Galen Harden	Yoder In	2 M 15-15	18:44.8	6:00/M
59 Rusty Grosse	Fort Wayne In	6 M 25-29	18:51.3	6:03/M
60 Thomas Bussen	Leo In	4 M 40-44	18:53.3	6:03/M
61 Shea Rolf	Fort Wayne In	1 M 14-14	18:54.6	6:03/M
62 Phil Suelzer	Fort Wayne In	1 M 50-54	18:58.1	6:05/M
63 Jim Uecker	Fort Wayne In	2 M 35-39	19:01.2	6:06/M
64 Linda Keunke	Fort Wayne In	***** F 40-44	19:10.4	6:09/M
65 Ryan Michael	Fort Wayne In	12 M 17-17	19:13.9	6:10/M
66 John Amborn	Fort Wayne In	3 M 35-39	19:15.0	6:10/M
67 Evan Niner	Fort Wayne In	8 M 16-16	19:17.1	6:11/M
68 Rod Burton	Fort Wayne In	4 M 35-39	19:17.6	6:11/M
69 Joe Ryan	Fort Wayne In	5 M 40-44	19:18.2	6:11/M
70 Philip Sundberg	Fort Wayne In	8 M 18-19	19:18.6	6:11/M

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Place	Name	City	Age Group	Time	Pace
71	Edward Fisk	Fort Wayne In	7 M 25-29	19:18.7	6:11/M
72	Paul Shaffer	Decatur In	4 M 45-49	19:19.4	6:11/M
73	Jeremy Redenias	Fort Wayne In	9 M 16-16	19:21.1	6:12/M
74	Andrew Gregory	Fort Wayne In	10 M 20-24	19:23.6	6:13/M
75	Elizabeth Herndon	Fort Wayne In	1 F 18-19	19:26.0	6:14/M
76	Kevin Hake	Fort Wayne In	3 M 15-15	19:28.5	6:14/M
77	Dashon Smith	Fi Wayne In	9 M 18-19	19:30.6	6:15/M
78	John Treleven	Fort Wayne In	2 M 50-54	19:31.3	6:15/M
79	Lee Reynolds	Fort Wayne In	10 M 16-16	19:32.2	6:16/M
80	Leann Sarka	Fort Wayne In	2 F 18-19	19:35.2	6:17/M
81	Jon Magnin	Bluffton In	4 M 15-15	19:35.6	6:17/M
82	Hal Pearson	Albion In	5 M 45-49	19:38.3	6:18/M
83	Eric Marqueling	Indianapolis In	11 M 20-24	19:40.1	6:18/M
84	Jake Kinley	Fort Wayne In	11 M 16-16	19:41.1	6:19/M
85	David Hardway	Fort Wayne In	2 M 14-14	19:41.6	6:19/M
86	Lenny Duff	Fort Wayne In	5 M 35-39	19:42.0	6:19/M
87	Andrew Piropatto	Fort Wayne In	3 M 14-14	19:45.0	6:20/M
88	Will Johnson	Huntertown In	5 M 15-15	19:47.4	6:20/M
89	Carter A Millemann	Fort Wayne In	4 M 14-14	19:48.5	6:21/M
90	Paul E Knott	Fort Wayne In	6 M 40-44	19:49.1	6:21/M
91	Blake Dirksen	Noblesville In	1 M 13-13	19:49.9	6:21/M
92	Greg Ridenour	Fort Wayne In	3 M 50-54	19:50.0	6:21/M
93	Sean Mcavoy	Bluffton In	5 M 14-14	19:52.8	6:22/M
94	Tom Foss	Fort Wayne In	6 M 45-49	19:54.0	6:23/M
95	Adam Bishop	Fort Wayne In	12 M 16-16	19:54.2	6:23/M
96	Michael Petro	South Whitley In	10 M 18-19	19:54.7	6:23/M
97	David Fry	Fi Wayne In	7 M 40-44	19:55.2	6:23/M
98	Mark Beals	Fort Wayne In	8 M 40-44	19:57.3	6:24/M
99	Gary Schmunk	Antwerp Oh	7 M 45-49	19:59.0	6:24/M
100	Anthony Juliano	Fort Wayne In	3 M 30-34	20:00.2	6:25/M
101	Kevin Schaeffer	Fort Wayne In	11 M 18-19	20:02.7	6:25/M
102	Kyle Millemann	Fort Wayne In	12 M 18-19	20:04.1	6:26/M
103	Landy Williams	Monroeville In	1 M 12-12	20:04.4	6:26/M
104	Keegan Robbins	Fort Wayne In	13 M 17-17	20:05.3	6:26/M
105	Cameron Deford	Fort Wayne In	6 M 14-14	20:07.8	6:27/M
106	Jed Pearson	Columbia City In	4 M 50-54	20:10.1	6:28/M
107	Brian Graham	Fort Wayne In	7 M 14-14	20:13.6	6:29/M
108	Jeff Taner	Fort Wayne In	9 M 40-44	20:18.0	6:30/M
109	Matthew R Wright	Fort Wayne In	13 M 18-19	20:20.5	6:31/M
110	Anthony Mauricio	Fi Wayne In	12 M 20-24	20:21.2	6:31/M
111	Bobby Kleber	Fort Wayne In	2 M 13-13	20:22.2	6:32/M
112	Jon Willard	Galesburg Mi	4 M 30-34	20:22.8	6:32/M
113	Joanne Fabini	Fort Wayne In	1 F 25-29	20:23.7	6:32/M
114	Chuck Brown	Bluffton In	8 M 45-49	20:25.0	6:33/M
115	Kim Millerman	Fort Wayne In	1 F 30-34	20:27.0	6:33/M
116	Kurt White	Fort Wayne In	14 M 17-17	20:30.2	6:34/M
117	Stephen Sundberg	Fort Wayne In	14 M 18-19	20:30.9	6:34/M
118	David Behling	Fort Wayne In	5 M 30-34	20:31.7	6:35/M
119	Andrew Kleber	Fort Wayne In	6 M 15-15	20:33.5	6:35/M
120	Theresa Schamberger	Kendallville In	1 F 16-16	20:34.3	6:36/M
121	Enn Abbey	Fi Wayne In	1 F 20-24	20:35.5	6:36/M
122	Mark Pace	Fort Wayne In	10 M 40-44	20:36.5	6:36/M
123	Trevor Kidder	Garrett In	15 M 17-17	20:41.1	6:38/M
124	Chris Adang	Ann Arbor Mi	8 M 25-29	20:41.9	6:38/M
125	Anne Duff	Fort Wayne In	1 F 35-39	20:43.0	6:38/M
126	Bruce Carpenter	Fort Wayne In	6 M 30-34	20:49.6	6:40/M
127	Joe Savina	Fort Wayne In	6 M 35-39	20:50.4	6:41/M
128	Brandan Smith	Fort Wayne In	7 M 15-15	20:54.5	6:42/M
129	Travis Teeple	Fi Wayne In	8 M 15-15	20:56.0	6:43/M
130	Chris Miller	Fi Wayne In	13 M 16-16	20:56.2	6:43/M
131	Tyler Parkison	Saint Joe In	13 M 20-24	20:56.9	6:43/M
132	Kevin Lochner	North Manchester	9 M 45-49	20:57.5	6:43/M
133	Rick Waggoner	Fort Wayne In	11 M 40-44	20:58.4	6:43/M
134	Curt Kendall	Chicago Il	7 M 30-34	21:00.1	6:44/M
135	Bryan Fadius	Fort Wayne In	9 M 15-15	21:02.0	6:44/M
136	Matt Hayes	Fort Wayne In	10 M 15-15	21:11.2	6:45/M
137	Ethan Roebuck	Markle In	3 M 13-13	21:04.1	6:45/M
138	Bob Bruckner	Fort Wayne In	1 M 55-59	21:05.2	6:45/M
139	Jeremy Lung	Garrett In	14 M 20-24	21:06.2	6:46/M
140	Jonathan Lyle	Fort Wayne In	14 M 16-16	21:06.7	6:46/M
141	Shane Swoverland	Fort Wayne In	9 M 25-29	21:07.2	6:46/M
142	Paula Rickerd	Fort Wayne In	2 F 35-39	21:07.4	6:46/M
143	Matthew Dolsen	Fort Wayne In	15 M 20-24	21:07.9	6:46/M
144	David Avrich	Fort Wayne In	8 M 14-14	21:09.7	6:47/M
145	Shelly Koenig	Fi Wayne In	***** F 40-44	21:10.5	6:47/M
146	Ryan Fox	Auburn In	9 M 14-14	21:10.7	6:47/M
147	Jeff Millemann	Fort Wayne In	10 M 45-49	21:11.2	6:47/M
148	Danny White	Fort Wayne In	11 M 15-15	21:15.9	6:49/M
149	Aaron Berry	Auburn In	10 M 14-14	21:17.1	6:49/M
150	Brett Carpenter	Fort Wayne In	7 M 35-39	21:17.2	6:49/M
151	Erin Kingsbury	Fort Wayne In	3 F 18-19	21:19.9	6:50/M
152	Sarah Neubacher	Fort Wayne In	1 F 15-15	21:22.4	6:51/M
153	Shawn Rafferty	Fort Wayne In	8 M 35-39	21:22.9	6:51/M
154	Kara Doerffler	Fort Wayne In	1 F 14-14	21:24.0	6:52/M
155	Bob Nichelson	Fort Wayne In	11 M 45-49	21:25.6	6:52/M

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Place	Name	City	Age Group	Time	Pace
156	David Bowers	Fort Wayne In	8 M 30-34	21:28.4	6:53/M
157	Jennifer Shearer	Fort Wayne In	1 F 17-17	21:29.2	6:53/M
158	Sean Collettine	Fort Wayne In	5 M 50-54	21:31.2	6:54/M
159	Greeg Pollander	Fort Wayne In	9 M 35-39	21:32.8	6:54/M
160	Sean Kake	Fi Wayne In	15 M 18-19	21:34.4	6:55/M
161	Jessica Palevich	Fort Wayne In	2 F 17-17	21:35.0	6:55/M
162	Aaron Ware	Fort Wayne In	12 M 15-15	21:35.8	6:55/M
163	Patrick Brunner	Fort Wayne In	4 M 13-13	21:37.8	6:56/M
164	Chuck Damman	Fort Wayne In	10 M 35-39	21:38.7	6:56/M
165	Chuck Putterbaugh	Fort Wayne In	12 M 45-49	21:41.3	6:57/M
166	Chuck Deford	Fort Wayne In	13 M 45-49	21:41.7	6:57/M
167	Bob Worrel	Fort Wayne In	12 M 40-44	21:43.1	6:58/M
168	Courtney Raypole	Columbia City In	1 F 13-13	21:43.9	6:58/M
169	Steve Zacher	Fort Wayne In	13 M 40-44	21:44.0	6:58/M
170	John Browand	New Haven In	16 M 18-19	21:44.2	6:58/M
171	Derek Thiel	Fort Wayne In	11 M 14-14	21:45.0	6:58/M
172	Katherine Welch	Fort Wayne In	2 F 30-34	21:47.6	6:59/M
173	Julie Garcia	Fort Wayne In	3 F 17-17	21:48.4	6:59/M
174	Tom Shearer	Columbia City In	6 M 50-54	21:49.5	7:00/M
175	Mike Elise	Fort Wayne In	11 M 35-39	21:50.6	7:00/M
176	Eva Trout	Fort Wayne In	3 F 35-39	21:51.6	7:00/M
177	Joe Ziegler	New Haven In	1 M 65-69	21:51.8	7:00/M
178	Thomas J Felts	Fort Wayne In	14 M 45-49	21:52.7	7:01/M
179	Chris Kaufman	Fort Wayne In	10 M 25-29	21:56.0	7:02/M
180	Tim Maxson	Fort Wayne In	9 M 30-34	21:56.1	7:02/M
181	Chris Dummire	Fort Wayne In	10 M 30-34	21:57.2	7:02/M
182	Greg Friend	Fi Wayne In	15 M 45-49	21:58.1	7:02/M
183	Nolan Knight	Monroeville In	11 M 30-34	21:58.7	7:02/M
184	David M Huffman	FORT WAYNE IN	14 M 40-44	21:58.7	7:02/M
185	Kinsi Hower	FORT WAYNE IN	4 F 18-19	22:02.7	7:04/M
186	Jeff Kintz	NEW HAVEN IN	12 M 35-39	22:03.2	7:04/M
187	Matt Hendrickson	FORT WAYNE IN	11 M 25-29	22:05.4	7:05/M
188	Robert Trahin	FT WAYNE IN	15 M 40-44	22:05.7	7:05/M
189	Brittany Herron	CHURUBUSCO IN	4 F 17-17	22:07.0	7:05/M
190	Cecilia Schnellker	FORT WAYNE IN	2 F 13-13	22:09.5	7:06/M
191	Tyler Churchward	FORT WAYNE IN	15 M 16-16	22:11.7	7:07/M
192	David Korte	FORT WAYNE IN	16 M 40-44	22:12.5	7:07/M
193	Christine Kmicikewicz	FORT WAYNE IN	2 F 25-29	22:16.7	7:08/M
194	Samatha Simonson	FORT WAYNE IN	2 F 14-14	22:21.0	7:10/M
195	Karly Van Ort	WATERLOO IN	5 F 18-19	22:22.2	7:10/M
196	Lyndon Wolf	MATTAWAN MI	2 M 55-59	22:22.7	7:10/M
197	Brad Hess	FORT WAYNE IN	1 M 0-11	22:25.6	7:11/M
198	Len Piropatto	FORT WAYNE IN	16 M 45-49	22:27.2	7:12/M
199	Aaron Raudenbush	FT WAYNE IN	13 M 35-39	22:28.6	7:12/M
200	Brian Dawson	LA FONTAINE IN	7 M 50-54	22:31.7	7:13/M
201	Sue Pearson	BLOOMINGTON IN	***** F 45-49	22:35.6	7:14/M
202	Jenna Poynter	FORT WAYNE IN	5 F 17-17	22:36.4	7:15/M
203	Amy Kempf	FORT WAYNE IN	6 F 17-17	22:36.8	7:15/M
204	Wade Thiel	FORT WAYNE IN	2 M 12-12	22:37.6	7:15/M
205	Tom Felger	FORT WAYNE IN	1 M 60-64	22:38.3	7:15/M
206	Sean Saunders	FORT WAYNE IN	14 M 35-39	22:38.7	7:15/M
207	Amy Meyer	BERNE IN	2 F 20-24	22:38.9	7:15/M
208	Luke Walker	FORT WAYNE IN	16 M 16-16	22:39.2	7:16/M
209	Joe Cisna	NAPERVILLE IL	15 M 35-39	22:40.5	7:16/M
210	Charlotte Aldridge	FORT WAYNE IN	***** F 55-59	22:41.1	7:16/M
211	Molly Sanders	FORT WAYNE IN	3 F 20-24	22:44.4	7:17/M
212	Craig Bobay	FORT WAYNE IN	17 M 45-49	22:46.0	7:18/M
213	Thomas Johns	Richmond In	12 M 30-34	22:50.4	7:19/M
214	Emily Brunner	Fort Wayne In	6 F 18-19	22:51.1	7:19/M
215	Sam Gillie	Fort Wayne In	13 M 30-34	22:53.3	7:20/M
216	Antoinette Donald	Fort Wayne In	4 F 35-39	22:54.9	7:20/M
217	Liz Obergfell	Fort Wayne In	7 F 18-19	22:55.5	7:21/M
218	Bryan McIntyre	Muncie In	4 F 20-24	22:56.7	7:21/M
219	Geoff Hyman	Payne Oh	18 M 45-49	22:57.0	7:21/M
220	Brad Heyneman	Fort Wayne In	16 M 35-39	22:58.0	7:22/M
221	Dick Powell	Fort Wayne In	19 M 45-49	22:59.5	7:22/M
222	Stephen Woenker	Fort Wayne In	20 M 45-49	23:00.4	7:22/M
223	Erin Brady	Fort Wayne In	3 F 30-34	23:01.2	7:23/M
224	Tommie Horn	Ossian In	5 M 13-13	23:02.0	7:23/M
225	Kristen Fletcher	Fort Wayne In	2 F 15-15	23:02.8	7:23/M
226	Lauren Steinmetz	Fi Wayne In	2 F 16-16	23:03.0	7:23/M
227	Madison Moore	Linn Grove In	3 F 13-13	23:03.5	7:23/M
228	Mary Timm-Zimmerman	Fort Wayne In	7 F 17-17	23:05.2	7:24/M
229	Holly Murnaw	South Bend In	3 F 25-29	23:05.7	7:24/M
230	Kylee Keuneke	Decatur In	1 F 12-12	23:06.8	7:24/M
231	Phillip Aleman	Saginaw Mi	17 M 16-16	23:07.9	7:25/M
232	Dan Kaufman	Fort Wayne In	8 M 50-54	23:10.2	7:26/M
233	Bob Michel	Fort Wayne In	3 M 55-59	23:11.6	7:26/M
234	Clare Mevey	Fort Wayne In	3 F 15-15	23:15.3	7:27/M
235	Dean Russ	Fort Wayne In	21 M 45-49	23:22.4	7:29/M
236	Molly Sheehan	Fort Wayne In	5 F 20-24	23:22.4	7:29/M
237	Jennifer Mayhall	Fort Wayne In	1 F 40-44	23:23.0	7:30/M
238	Jessica Hayes	Fort Wayne In	4 F 25-29	23:23.3	7:30/M
239	Bernie Burgette	Fort Wayne In	2 M 60-64	23:23.5	7:30/M
240	Leah Sanders	Fort Wayne In	8 F 17-17	23:24.3	7:30/M

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Place	Name	City	Age Group	Time	Pace
241	Carmen Mcgee	Fort Wayne In	4 F 30-34	23:25.2	7:30/M
242	Danielle Oman	Bluffton In	6 F 20-24	23:25.6	7:30/M
243	Lynn Altevogt	Fort Wayne In	4 F 15-15	23:26.6	7:31/M
244	Jack Seigel	Fort Wayne In	4 M 55-59	23:28.8	7:31/M
245	Justin Stauffer	Fort Wayne In	16 M 20-24	23:32.4	7:33/M
246	Luke Messman	Fort Wayne In	12 M 14-14	23:33.0	7:33/M
247	Jordan Mornout	Spencerville In	2 F 12-12	23:34.2	7:33/M
248	Jessica Wolcutt	Fort Wayne In	3 F 16-16	23:37.1	7:34/M
249	Janet Souder	Fort Wayne In	7 F 20-24	23:37.2	7:34/M
250	Jacqueline Morris	Fort Wayne In	5 F 30-34	23:37.9	7:34/M
251	Doug Kramer	Indianapolis In	12 M 25-29	23:38.6	7:34/M
252	Sally Godfrey	Fort Wayne In	6 F 30-34	23:40.0	7:35/M
253	David E Boylan	Fort Wayne In	3 M 60-64	23:40.6	7:35/M
254	David Edsall	Fort Wayne In	22 M 45-49	23:41.3	7:35/M
255	Eric Kleinrichert	Fort Wayne In	17 M 35-39	23:44.3	7:36/M
256	Kerry Blanchette	Fort Wayne In	9 M 50-54	23:47.9	7:37/M
257	David Boyer	Fort Wayne In	18 M 16-16	23:49.1	7:38/M
258	Frank Hunt	Fort Wayne In	17 M 40-44	23:51.1	7:39/M
259	Gabriel Smith	Fort Wayne In	8 F 18-19	23:52.7	7:39/M
260	Amy Klenke	New Haven In	8 F 20-24	23:54.4	7:40/M
261	Ty Murphy	Columbia City In	5 M 55-59	23:54.8	7:40/M
262	Laura Griggs	Fort Wayne In	4 F 16-16	23:57.4	7:41/M
263	Dennis Baker	Huntertown In	23 M 45-49	24:01.4	7:42/M
264	Bill Rychan	Fort Wayne In	24 M 45-49	24:01.8	7:42/M
265	Eric Edmiston	New Haven In	6 M 13-13	24:02.4	7:42/M
266	Abbe Starr	Fort Wayne In	5 F 35-39	24:03.2	7:43/M
267	Mark Wolf	Huntertown In	14 M 30-34	24:03.7	7:43/M
268	Austin Couch	Fort Wayne In	18 M 35-39	24:05.6	7:43/M
269	Scott A Miller	Fort Wayne In	10 M 50-54	24:07.8	7:44/M
270	Shalon Meyer	Auburn In	9 F 20-24	24:08.2	7:44/M
271	Bob Hake	Fort Wayne In	25 M 45-49	24:10.1	7:45/M
272	Mark Sylvester	Fort Wayne In	18 M 40-44	24:10.4	7:45/M
273	Christopher Duncan	Muncie In	17 M 20-24	24:12.1	7:45/M
274	Craig Van Pelt	Muncie In	13 M 25-29	24:12.6	7:45/M
275	Whitney Soberalski	Fort Wayne In	3 F 14-14	24:21.8	7:48/M
276	Nathan Barlow	Fort Wayne In	19 M 16-16	24:21.9	7:48/M
277	Mark Ramsey	Columbia City In	19 M 40-44	24:22.3	7:49/M
278	Katie Leonard	Fort Wayne In	4 F 13-13	24:23.4	7:49/M
279	Bailee Souder	Garrett In	9 F 17-17	24:25.5	7:50/M
280	Mark Thessin	Spencerville In	15 M 30-34	24:27.2	7:50/M
281	Karen Berggoetz	Fort Wayne In	1 F 45-49	24:28.5	7:51/M
282	Brett Hess	Fort Wayne In	19 M 35-39	24:28.9	7:51/M
283	Arica Thiel	Butler In	10 F 17-17	24:29.3	7:51/M
284	Brian Yee	Fort Wayne In	16 M 30-34	24:29.7	7:51/M
285	Jay Fraser	Huntertown In	17 M 30-34	24:30.7	7:51/M
286	Emily Zent	Fi Wayne In	3 F 12-12	24:32.5	7:52/M
287	Bob Macke	Fort Wayne In	26 M 45-49	24:33.2	7:52/M
288	Dane Okleshen	New Haven In	13 M 14-14	24:34.2	7:52/M
289	Alex Hess	Fort Wayne In	2 M 0-11	24:34.9	7:52/M
290	Staci Beiswanger	South Whitley In	6 F 35-39	24:35.5	7:53/M
291	Sean Telley	Fi Wayne In	18 M 30-34	24:36.0	7:53/M
292	John David Mepherston	Fort Wayne In	11 M 50-54	24:37.2	7:53/M
293	Sarah Appgar	Muncie In	10 F 20-24	24:39.6	7:54/M
294	Kevin Ballinger	Bluffton In	20 M 16-16	24:41.8	7:55/M
295	Beth Niner	Fort Wayne In	5 F 15-15	24:45.1	7:56/M
296	Rashard Oadir	Fort Wayne In	20 M 40-44	24:45.6	7:56/M
297	Matt Scott	Warsaw In	20 M 35-39	24:46.4	7:56/M
298	Phyllis Suelzer	Fort Wayne In	1 F 50-54	24:49.5	7:57/M
299	Molly Schall	Fort Wayne In	6 F 15-15	24:51.2	7:58/M
300	Sadie Bubb	Fi Wayne In	5 F 25-29	24:54.6	7:59/M
301	Barb Scroggham	Fort Wayne In	1 F 55-59	25:01.3	8:01/M
302	Jennifer Dillon	Fort Wayne In	7 F 30-34	25:01.3	8:01/M
303	Tom Dwire	Fort Wayne In	27 M 45-49	25:03.0	8:02/M
304	Dave Mitchell	Saint Joe In	21 M 40-44	25:04.4	8:02/M
305	Jeremy Heinozd	Fort Wayne In	18 M 20-24	25:05.0	8:02/M
306	Alexandra Hornstein	Fort Wayne In	9 F 18-19	25:05.1	8:02/M
307	James H Wright	Fort Wayne In	6 M 55-59	25:05.4	8:02/M
308	Joshua Hunter	Fort Wayne In	19 M 20-24	25:06.7	8:03/M
309	Kerry Sliger	Fort Wayne In	22 M 40-44	25:06.7	8:03/M
310	Bob Fahl	Roanoke In	7 M 55-59	25:08.8	8:03/M
311	Dana Leinhos	Fort Wayne In	5 F 16-16	25:10.3	8:04/M
312	Gary Gordon	Churubusco In	23 M 40-44	25:14.5	8:05/M
313	Steve Adkison	Fort Wayne In	4 M 60-64	25:17.9	8:06/M
314	Roger Finderson	Auburn In	21 M 35-39	25:18.3	8:07/M
315	Casey Ryan	Fort Wayne In	3 M 12-12	25:19.2	8:07/M
316	Thom Horton	Fort Wayne In	24 M 40-44	25:19.3	8:07/M
317	Megan Guiver	Fort Wayne In	11 F 17-17	25:19.7	8:07/M
318	Dana Kinley	Fort Wayne In	2 F 40-44	25:25.3	8:09/M
319	Timothy Ryan	Fort Wayne In	28 M 45-49	25:26.1	8:09/M
320	Leigh Ann Mann	Fort Wayne In	7 F 35-39	25:27.5	8:09/M
321	Jessica Waggoner	Fort Wayne In	4 F 14-14	25:29.1	8:10/M
322	Andrew Roebuck	Fort Wayne In	17 M 18-19	25:36.4	8:12/M
323	Sarah Badenhop	Fort Wayne In	6 F 16-16	25:37.3	8:13/M
324	Kaitlin Boester	Fort Wayne In	7 F 15-15	25:38.1	8:13/M
325	John Brier	Fort Wayne In	8 M 55-59	25:46.3	8:16/M

Spiece TRF Runners On Parade

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Place	Name	City	Age Group	Time	Pace
326	Chris Fish	Fort Wayne In	19 M 30-34	25:50.6	8:17/M
327	Tomasz Drejer	Fort Wayne In	20 M 20-24	25:51.7	8:17/M
328	Rose Ford	Fort Wayne In	3 F 40-44	25:51.8	8:17/M
329	Bernie Huesing	Fort Wayne In	1 M 70-99	25:52.9	8:17/M
330	Fred Kendall	Huntington In	5 M 60-64	25:56.1	8:19/M
331	Bethany Ecklor	Fort Wayne In	12 F 17-17	25:56.2	8:19/M
332	Tasha Thomas	Auburn In	5 F 14-14	25:57.3	8:19/M
333	Myron Meyer	North Fort Myers	2 M 70-99	25:59.1	8:20/M
334	Amy Stephan	Fort Wayne In	6 F 25-29	26:01.1	8:20/M
335	Kelly Rowland	Fort Wayne In	7 F 25-29	26:01.1	8:20/M
336	Nancy Mehang	Roanoke In	4 F 40-44	26:01.4	8:20/M
337	Anita O'reilly	Fi Wayne In	2 F 45-49	26:02.5	8:21/M
338	Josh Shenfeld	Fort Wayne In	14 M 25-29	26:04.0	8:21/M
339	Jessica James	Fort Wayne In	6 F 14-14	26:04.9	8:21/M
340	Kathy Swenson	Fort Wayne In	2 F 50-54	26:06.1	8:22/M
341	Dave Anderson	Fort Wayne In	25 M 40-44	26:11.5	8:24/M
342	Kelly Honser	Fort Wayne In	11 F 20-24	26:12.0	8:24/M
343	Alyssa Schlatter	Fort Wayne In	12 F 20-24	26:12.1	8:24/M
344	Glenn Schnellker	Fort Wayne In	7 F 16-16	26:16.0	8:25/M
345	Joseph Ryan	Fort Wayne In	26 M 40-44	26:19.4	8:26/M
346	Joshua Rowe	Fort Wayne In	15 M 25-29	26:20.8	8:26/M
347	Janelle Gordy	Fort Wayne In	1 F 0-11	26:21.3	8:27/M
348	Hannah Moore	Linn Grove In	2 F 0-11	26:22.2	8:27/M
349	Heather Mitchell	Saint Joe In	10 F 18-19	26:24.6	8:28/M
350	Tamara Wright	Fort Wayne In	3 F 45-49	26:27.1	8:29/M
351	Christine Zadylak	Bluffton In	8 F 30-34	26:28.0	8:29/M
352	Kurt Tippmann	Fi Wayne In	20 M 30-34	26:32.7	8:30/M
353	Jim Mumaw	South Bend In	21 M 30-34	26:33.7	8:31/M
354	Kelly Karr	Fort Wayne In	5 F 13-13	26:35.7	8:31/M
355	Katelynne Egley	Fort Wayne In	6 F 13-13	26:36.3	8:32/M
356	Tierra Mecagg	Fort Wayne In	7 F 14-14	26:39.6	8:33/M
357	Dalena Hall	Muncie In	9 F 30-34	26:45.9	8:34/M
358	Andrew Arney	Fort Wayne In	22 M 35-39	26:48.0	8:35/M
359	Mary Gebert	Fort Wayne In	8 F 35-39	26:49.0	8:36/M
360	Michael Wolfe	Fort Wayne In	22 M 30-34	26:59.3	8:39/M
361	Dana Budd	New Haven In	29 M 45-49	27:00.8	8:39/M
362	Bill Kayal	Woodburn In	23 M 30-34	27:02.8	8:40/M
363	Terr Gross	Fort Wayne In	4 F 45-49	27:03.5	8:40/M
364	Bobbie Clark	Fort Wayne In	3 F 50-54	27:03.9	8:40/M
365	Bud Stiffler	Anderson In	2 M 65-69	27:04.2	8:41/M
366	Norman Muller	Hosgland In	12 M 50-54	27:05.3	8:41/M
367	Stephen Sauer	South Bend In	5 F 40-44	27:10.3	8:42/M
368	Jill Sauer	South Bend In	9 F 35-39	27:10.3	8:42/M
369	Mollie Carney	Moumt Prospect I	11 F 18-19	27:10.4	8:42/M
370	Diana Boyd	Fort Wayne In	13 F 20-24	27:10.9	8:42/M
371	Barrie Peterson	Fort Wayne In	6 M 60-64	27:12.1	8:43/M
372	Katie Kingsbury	Fort Wayne In	6 F 40-44	27:15.0	8:44/M
373	Joseph Dimarzio	Fort Wayne In	24 M 30-34	27:16.7	8:44/M
374	Miles Ebert	Auburn In	27 M 40-44	27:22.0	8:46/M
375	Darrell Rodgers	Fort Wayne In	23 M 35-39	27:23.4	8:47/M
376	Katie Creighton	Fort Wayne In	5 F 45-49	27:27.2	8:48/M
377	Anne M Karr	Fort Wayne In	6 F 45-49	27:27.4	8:48/M
378	Dave Matchette	Fort Wayne In	28 M 40-44	27:32.3	8:49/M
379	Herb Hernandez	Fort Wayne In	9 M 55-59	27:33.2	8:50/M
380	Thomas Cleveland	Fort Wayne In	29 M 40-44	27:35.2	8:50/M
381	Cindy Maddy	Fort Wayne In	10 F 30-34	27:36.5	8:51/M
382	Christopher Arnett	New Haven In	13 M 15-15	27:37.6	8:51/M
383	Dave Falater	Fort Wayne In	30 M 40-44	27:37.8	8:51/M
384	Zachary Naley	Laotto In	3 M 0-11	27:39.7	8:52/M
385	Ashley Day	Fort Wayne In	12 F 18-19	27:41.6	8:52/M
386	Karen Cox	Fort Wayne In	11 F 30-34	27:42.1	8:53/M
387	James Cox	Fort Wayne In	25 M 30-34	27:42.2	8:53/M
388	Maria Miller	Fort Wayne In	14 F 20-24	27:46.2	8:54/M
389	Erica Stratton	Fort Wayne In	15 F 20-24	27:46.4	8:54/M
390	Ashley Taylor	Fort Wayne In	8 F 15-15	27:46.4	8:54/M
391	Christopher Garcia	Fort Wayne In	14 M 14-14	27:52.1	8:56/M
392	Nicholas Miller	Fort Wayne In	18 M 18-19	27:52.8	8:56/M
393	Mark Moore	Linn Grove In	31 M 40-44	27:55.8	8:57/M
394	Rebecca Gerding	Fort Wayne In	8 F 25-29	27:57.6	8:58/M
395	Dan Barnes	Fort Wayne In	13 M 50-54	27:58.2	8:58/M
396	Todd Sullivan	Fort Wayne In	26 M 30-34	28:00.5	8:58/M
397	Danielle Rg Sullivan	Fort Wayne In	12 F 30-34	28:00.8	8:58/M
398	Rob Cole	Huntington In	30 M 45-49	28:04.0	9:00/M
399	Dan Shryock	Salem Or	14 M 50-54	28:07.0	9:01/M
400	Chere Adams	Fort Wayne In	9 F 25-29	28:08.1	9:01/M
401	Polly Grismore	Fort Wayne In	13 F 30-34	28:10.2	9:02/M
402	Clayton Gerig	Auburn In	15 M 14-14	28:10.8	9:02/M
403	Rick Magley	Fort Wayne In	31 M 45-49	28:11.7	9:02/M
404	Gregg Bender	Fi Wayne In	32 M 45-49	28:12.3	9:02/M
405	Rochelle Alberding	Bluffton In	2 F 55-59	28:13.2	9:03/M
406	John Messick	Fort Wayne In	33 M 45-49	28:15.9	9:03/M
407	Sim Hannie	Fort Wayne In	32 M 40-44	28:19.6	9:05/M
408	Sue Griggs	Fort Wayne In	7 F 45-49	28:21.9	9:05/M
409	Pamela Joachim	Fort Wayne In	10 F 35-39	28:26.5	9:07/M
410	Dick Harnly	Fort Wayne In	3 M 65-69	28:27.8	9:07/M

Spiece TRF Runners On Parade

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July 10, 2004

Place	Name	City	Age Group	Time	Pace
411	Kurt Paris	Fort Wayne In	34 M 45-49	28:30.2	9:08/M
412	Courtney Magley	Fort Wayne In	13 F 18-19	28:34.7	9:09/M
413	Terra Finderson	Auburn In	14 F 30-34	28:36.6	9:10/M
414	Carla Gilliom	Fort Wayne In	7 F 13-13	28:41.6	9:12/M
415	Deb Gilliom	Noblesville In	8 F 45-49	28:42.4	9:12/M
416	Jenny Sanders	Fort Wayne In	9 F 45-49	28:42.6	9:12/M
417	Lynn T Bobay	Fort Wayne In	15 M 50-54	28:43.9	9:12/M
418	Laura Donnell	Fort Wayne In	4 F 12-12	28:45.6	9:13/M
419	Debbie Treleaven	Fort Wayne In	4 F 50-54	28:46.1	9:13/M
420	Joe Donnell	Fort Wayne In	33 M 40-44	28:46.7	9:13/M
421	Cindy McGovern	Fort Wayne In	11 F 35-39	28:50.1	9:14/M
422	Audrey Waggoner	Fort Wayne In	8 F 16-16	28:52.1	9:15/M
423	Joni Leinhos	Fort Wayne In	16 M 14-14	28:56.3	9:16/M
424	Juan Giron	Fort Wayne In	24 M 35-39	29:06.4	9:20/M
425	Katie Carpenter	Fort Wayne In	15 F 30-34	29:10.8	9:21/M
426	Travis Blanchette	Fort Wayne In	19 M 18-19	29:19.4	9:24/M
427	Abby Murray	Fort Wayne In	14 F 18-19	29:20.4	9:24/M
428	Darrin Shrontz	Berne In	25 M 35-39	29:21.8	9:24/M
429	Meghan Farr	Muncie In	16 F 20-24	29:21.8	9:24/M
430	Victoria Ballard	Fort Wayne In	12 F 35-39	29:23.7	9:25/M
431	Rick Hilker	Fort Wayne In	35 M 45-49	29:28.0	9:27/M
432	Stephanie Maxson	Fort Wayne In	16 F 30-34	29:33.0	9:28/M
433	Lauren Oman	Bluffton In	9 F 15-15	29:39.0	9:30/M
434	Steve Edmiston	New Haven In	36 M 45-49	29:39.3	9:30/M
435	TJ Wagner	Churubusco In	16 M 25-29	29:39.7	9:30/M
436	Corinne Wagner	Churubusco In	17 F 20-24	29:39.8	9:30/M
437	Larry Arnett	New Haven In	34 M 40-44	29:40.9	9:31/M
438	Bill Sanders	Fort Wayne In	7 M 60-64	29:45.5	9:32/M
439	Amy Hill	Fort Wayne In	17 F 30-34	29:45.5	9:32/M
440	Jim Reed	Fort Wayne In	27 M 30-34	29:46.4	9:32/M
441	Austin Reed	Fort Wayne In	4 M 0-11	29:46.9	9:32/M
442	Thomas Schall	Fort Wayne In	35 M 40-44	29:47.6	9:33/M
443	Kasi Maple	Fort Wayne In	10 F 25-29	29:48.9	9:33/M
444	Richard Taylor	Fort Wayne In	37 M 45-49	29:49.6	9:33/M
445	Keith Niner	Fort Wayne In	16 M 50-54	29:51.2	9:34/M
446	Holly Niner	Fort Wayne In	10 F 45-49	29:51.2	9:34/M
447	Becky Fiore	Fort Wayne In	10 F 15-15	29:53.1	9:35/M
448	Paul Manter	Fort Wayne In	17 M 25-29	29:54.7	9:35/M
449	Darlene Daley	Auburn In	7 F 40-44	29:55.2	9:35/M
450	Kip Baird	Auburn In	38 M 45-49	29:55.6	9:35/M
451	Tom Fuelling	Fort Wayne In	17 M 50-54	30:00.2	9:37/M
452	Haylee Sark	Fort Wayne In	8 F 14-14	30:00.5	9:37/M
453	Mark Christian	Huntertown In	26 M 35-39	30:01.0	9:37/M
454	Bethany Nichols	Fort Wayne In	9 F 14-14	30:03.3	9:38/M
455	Joe Nichols	Fort Wayne In	39 M 45-49	30:03.5	9:38/M
456	Robert C Loomis	Monroeville In	3 M 70-99	30:07.2	9:39/M
457	Josh McBride	Markle In	7 M 13-13	30:07.7	9:39/M
458	Elizabeth Cargo	Fort Wayne In	5 F 12-12	30:09.0	9:40/M
459	Darryl Cargo	Fort Wayne In	36 M 40-44	30:10.9	9:40/M
460	Sarah Taylor	Fort Wayne In	15 F 18-19	30:11.2	9:40/M
461	Amanda Cline	Fort Wayne In	11 F 25-29	30:15.0	9:42/M
462	Deb Hannie	Leo In	13 F 35-39	30:17.8	9:42/M
463	Timothy Hogan	Fort Wayne In	18 M 50-54	30:19.3	9:43/M
464	Candace Walker	Fort Wayne In	18 F 20-24	30:20.7	9:43/M
465	Larry Piano	Fort Wayne In	10 M 55-59	30:21.8	9:44/M
466	Alan Boyle	Huntertown In	37 M 40-44	30:29.5	9:46/M
467	Trenton Boyle	Huntertown In	5 M 0-11	30:29.5	9:46/M
468	Dick Sive	Fort Wayne In	4 M 65-69	30:31.2	9:47/M
469	Laken Lefever	Columbia City In	3 F 0-11	30:34.8	9:48/M
470	Renée Maciejewski	Fort Wayne In	8 F 13-13	30:35.6	9:48/M
471	Anne Korte	Fort Wayne In	18 F 30-34	30:38.1	9:49/M
472	Micki Gongaware	New Haven In	19 F 30-34	30:38.7	9:49/M
473	Keri Christen	Fort Wayne In	11 F 15-15	30:43.6	9:51/M
474	Brittany Billings	Fort Wayne In	13 F 17-17	30:44.5	9:51/M
475	Martina Tippmann	Fort Wayne In	20 F 30-34	30:45.5	9:51/M
476	Casey Arens	Fort Wayne In	21 F 30-34	30:48.2	9:52/M
477	Brandi Wallace	Fort Wayne In	12 F 25-29	30:50.0	9:53/M
478	Andrew Martin	Indianapolis In	21 M 20-24	30:51.4	9:53/M
479	Amy Hohman	Fort Wayne In	14 F 35-39	30:53.2	9:54/M
480	Jon Oman	Bluffton In	38 M 40-44	30:55.0	9:55/M
481	Hannah Oman	Bluffton In	6 F 12-12	30:55.1	9:55/M
482	Neeko Paris	Fort Wayne In	17 M 14-14	30:56.3	9:55/M
483	Peter Rondot	Fort Wayne In	4 M 12-12	30:57.2	9:55/M
484	Toni Koch	Fort Wayne In	22 F 30-34	30:59.5	9:56/M
485	Susan Okleshen	New Haven In	11 F 45-49	30:59.8	9:56/M
486	Diane Post	Fort Wayne In	12 F 45-49	31:00.4	9:56/M
487	Elizabeth Kolodziejczak	Avilla In	12 F 15-15	31:01.3	9:56/M
488	Bodil Rasmussen	Fort Wayne In	3 F 55-99	31:03.5	9:57/M
489	Nancy Boyer	Fort Wayne In	5 F 50-54	31:05.0	9:58/M
490	Zulikhha Neumann	Fort Wayne In	13 F 25-29	31:06.8	9:58/M
491	Holly Rothenbush	Fort Wayne In	14 F 25-29	31:07.5	9:58/M
492	Sandy Behling	Fort Wayne In	15 F 25-29	31:12.8	10:00/M
493	Lauren Soberalski	Fort Wayne In	7 F 12-12	31:15.3	10:01/M
494	Don Anderson	Fort Wayne In	4 M 70-99	31:17.2	10:02/M
495	Teri Maciejewski	Fort Wayne In	15 F 35-39	31:18.0	10:02/M

Spiece TRF Runners On Parade

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July 10, 2004

Place	Name	City	Age Group	Time	Pace
496	Nancy Marshall	Roanoke In	6 F 50-54	31:21.6	10:03/M
497	Angie Orr	Fort Wayne In	16 F 25-29	31:34.5	10:07/M
498	Denise Ramsey	Columbia City In	8 F 40-44	31:50.8	10:12/M
499	Connie Gordon	Churubusco In	9 F 40-44	31:52.7	10:13/M
500	Sharon Naley	Laotto In	16 F 35-39	31:59.1	10:15/M
501	Kalissa Blanchette	Fort Wayne In	9 F 16-16	32:00.3	10:15/M
502	Cisely Ware	Fort Wayne In	23 F 30-34	32:04.3	10:17/M
503	Corinna Raypole	Columbia City In	4 F 0-11	32:14.1	10:20/M
504	Lisa Hormann	Ossian In	10 F 40-44	32:22.1	10:22/M
505	Connie Hogan	Fort Wayne In	13 F 45-49	32:26.3	10:24/M
506	Josh Ware	Fort Wayne In	6 M 0-11	32:31.3	10:25/M
507	Heather Jura	Columbia City In	17 F 25-29	32:33.2	10:26/M
508	Elaine Rolf	Jasper In	24 F 30-34	32:34.0	10:26/M
509	Sarah Kern	Leo In	25 F 30-34	32:37.9	10:27/M
510	Kelly Gross	Fort Wayne In	14 F 17-17	33:06.8	10:37/M
511	Erin Velpel	Fort Wayne In	19 F 20-24	33:17.7	10:40/M
512	Kimberly Koehlinger	Fort Wayne In	26 F 30-34	33:24.2	10:42/M
513	Dina Petridis	Fort Wayne In	13 F 15-15	33:25.2	10:43/M
514	Dana Van Vuren	Fort Wayne In	20 F 20-24	33:53.6	10:52/M
515	Erin Van Uren	Indianapolis In	21 F 20-24	33:54.0	10:52/M
516	Bobby Slocum	Fort Wayne In	8 M 13-13	33:56.8	10:53/M
517	Rob Slocum	Fort Wayne In	19 M 50-54	33:58.6	10:53/M
518	Dave Wilkening	Fort Wayne In	40 M 45-49	34:10.4	10:57/M
519	Deb Martin	Fort Wayne In	17 F 35-39	34:18.6	11:00/M
520	Erin Badenhop	Fort Wayne In	22 F 20-24	34:26.5	11:02/M
521	Mary Hooley	Fort Wayne In	27 F 30-34	34:27.5	11:03/M
522	Jennifer Fitch	Fort Wayne In	18 F 25-29	34:29.6	11:03/M
523	Laura Mcneal	Fort Wayne In	18 F 35-39	34:34.0	11:05/M
524	Linda Shaffer	Bluffton In	14 F 45-49	34:51.2	11:10/M
525	Julie Taylor	Fort Wayne In	11 F 40-44	34:57.9	11:12/M
526	Thomas Ryan	Fort Wayne In	11 M 55-59	35:05.2	11:15/M
527	Amy Lochtefeld	Fort Wayne In	19 F 25-29	35:07.9	11:15/M
528	Joseph Nayarkas	Fort Wayne In	20 M 50-54	35:12.2	11:17/M
529	Jaime Garman	Fort Wayne In	20 F 25-29	35:14.6	11:18/M
530	Kim Lochmueller	Fort Wayne In	28 F 30-34	35:14.8	11:18/M
531	Annette Burst	Fort Wayne In	4 F 55-99	35:33.8	11:24/M
532	Davin Harmon	Fort Wayne In	20 M 18-19	36:11.4	11:36/M
533	Mary Pizzen	Fort Wayne In	14 F 15-15	36:24.8	11:40/M
534	Ann Marqueling	Fort Wayne In	15 F 45-49	36:26.9	11:41/M
535	Shanel Boyle	Fort Wayne In	19 F 35-39	36:35.3	11:44/M
536	Amanda Moring	Muncie In	21 F 25-29	36:39.1	11:45/M
537	Emily Whitted	Muncie In	23 F 20-24	36:39.1	11:45/M
538	Regina Blanchette	Fort Wayne In	16 F 45-49	36:40.3	11:45/M
539	Andrea Coltrain	Fort Wayne In	24 F 20-24	36:45.0	11:47/M
540	Tom Coltrain	Fort Wayne In	21 M 50-54	36:46.5	11:47/M
541	Lauren Johnston	Fort Wayne In	15 F 17-17	37:02.6	11:52/M
542	Riley Rodriguez	Fort Wayne In	10 F 14-14	37:02.8	11:52/M
543	Bridget Clements	Fort Wayne In	29 F 30-34	37:20.7	11:58/M
544	Lisa Braster	Fort Wayne In	30 F 30-34	37:27.5	12:00/M
545	Vicki Tippmann	Huntertown In	12 F 40-44	37:30.5	12:01/M
546	Cecelia Snow	Fort Wayne In	5 F 0-11	37:32.7	12:02/M
547	Robert Snow	Fort Wayne In	22 M 50-54	37:33.3	12:02/M
548	Mary Snow	Fort Wayne In	13 F 40-44	37:34.7	12:02/M
549	Karen Miller	Fort Wayne In	5 F 55-99	37:35.9	12:03/M
550	Janel Garwood	Fort Wayne In	6 F 55-99	37:39.2	12:04/M
551	Kathleen Cisna	Naperville Il	20 F 35-39	37:40.1	12:04/M
552	Gene Greiger	Churubusco In	5 M 70-99	37:53.4	12:09/M
553	Eric Ware	Fort Wayne In	18 M 14-14	37:55.3	12:09/M
554	Steve Cowan	Avilla In	14 F 40-44	37:57.9	12:10/M
555	Steven Greider	Fort Wayne In	12 M 55-59	38:07.2	12:13/M
556	Sandy Welling	Fort Wayne In	7 F 55-99	38:14.7	12:15/M
557	Kenneth E Dister	Fort Wayne In	6 M 70-99	38:37.4	12:23/M
558	Maureen Carney	Mount Prospect Il	8 F 55-99	38:53.1	12:28/M
559	Thomas Newsom	Indianapolis In	22 M 20-24	38:53.7	12:28/M
560	Betty Greider	Fort Wayne In	15 F 40-44	39:45.7	12:44/M
561	Jennifer Steigmeyer	Fort Wayne In	31 F 30-34	40:26.9	12:58/M
562	Julie Crosby	Fort Wayne In	32 F 30-34	41:24.4	13:16/M
563	Misty Tippmann	Fort Wayne In	22 F 25-29	41:26.3	13:17/M
564	Zachary Taylor	Fort Wayne In	14 M 15-15	42:12.7	13:32/M
565	Beverly Taylor	Fort Wayne In	16 F 40-44	42:12.7	13:32/M
566	Cal Couch	Fort Wayne In	5 M 65-69	43:13.8	13:51/M
567	Rob Winkeljohn	Fort Wayne In	27 M 35-39	43:18.6	13:53/M
568	Lynne Scarborough	Fort Wayne In	17 F 45-49	43:57.8	14:05/M
569	Angela Oman	Bluffton In	17 F 40-44	43:59.1	14:06/M
570	Adam Whitman	Fort Wayne In	23 M 20-24	44:05.5	14:08/M
571	Mike Sanders	Fort Wayne In	13 M 55-59	44:10.8	14:09/M
572	Sarah Winkeljohn	Fort Wayne In	6 F 0-11	44:13.3	14:10/M
573	Gretchen Winkeljohn	Fort Wayne In	8 F 12-12	44:37.4	14:18/M
574	Crystal Ferris	Fort Wayne In	23 F 25-29	44:51.5	14:23/M
575	Theresa Walker	Fort Wayne In	18 F 45-49	44:52.3	14:23/M
576	Mckenzie Guiver	Fort Wayne In	7 F 0-11	45:27.1	14:34/M
577	Bradley Guiver	Fort Wayne In	28 M 35-39	45:27.3	14:34/M
578	Barb Neubacher	Fort Wayne In	9 F 55-99	45:34.3	14:36/M
579	Sam Shryock	Salem Or	15 M 15-15	46:46.8	14:59/M
580	Sarah Givens	Fort Wayne In	18 F 40-44	46:47.5	15:00/M

Spiece TRF Runners On Parade

5k

July 10, 2004

Place	Name	City	Age Group	Time	Pace
581	Jean Jones	Roanoke In	19 F 45-49	46:47.6	15:00/M
582	Stacey Glass	Fort Wayne In	20 F 45-49	46:48.6	15:00/M
583	Wilma Fuelling	Fort Wayne In	10 F 55-99	48:26.6	15:31/M
584	Willa Thompson	Spencerville In	11 F 55-99	48:26.6	15:31/M
585	Betsy Roth	Fort Wayne In	19 F 40-44	48:54.0	15:40/M
586	Victoria Hertel	Muncie In	25 F 20-24	50:37.1	16:13/M
587	Sarah Lawson	Muncie In	26 F 20-24	50:38.1	16:14/M
588	Shelonda Anderson	Ft Wayne In	33 F 30-34	51:36.6	16:32/M
589	Sarah Telley	Fort Wayne In	27 F 20-24	53:21.8	17:06/M
590	David Gensheimer	Fort Wayne In	41 M 45-49	53:30.0	17:09/M

Spiece TRF Runners On Parade

5k

July 10, 2004

Place	Name	City	Age Group	Time	Pace
591	Jim Schmidr	Fort Wayne In	23 M 50-54	53:48.0	17:15/M
592	Carolyn Gilbert	Bluffton In	12 F 55-99	54:49.2	17:34/M
593	True Nguyen	Fort Wayne In	21 M 18-19	54:49.8	17:34/M
594	Susanna Roth	Fort Wayne In	11 F 14-14	54:50.1	17:34/M
595	Stan Gilbert	Bluffton In	8 M 60-64	54:50.8	17:34/M

Results By Fort Wayne Track Club & AMB Identification & Timing

2004 Veep Triathlon & Duathlon

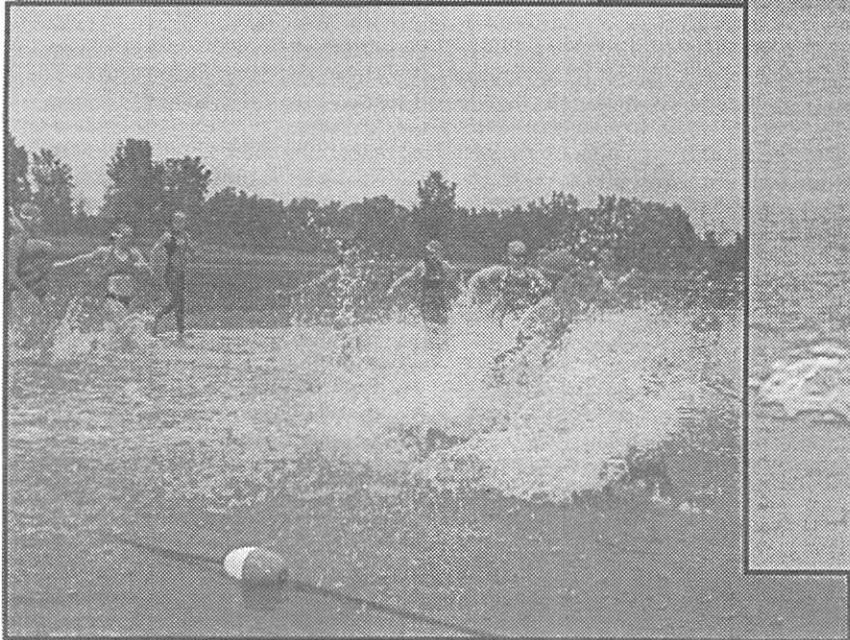
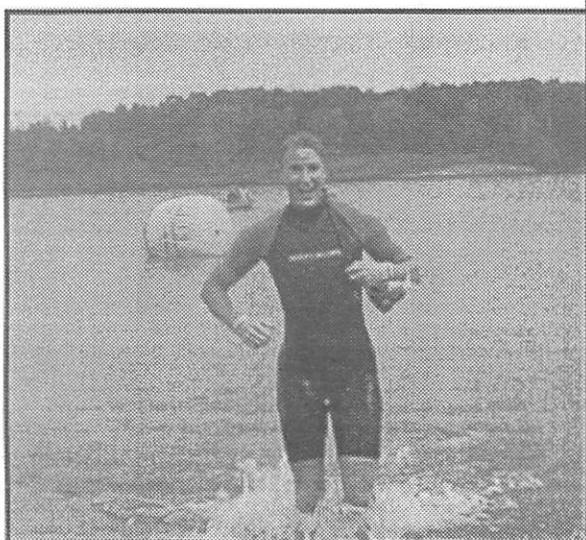
Overall Results Triathlon July 10, 2004

Results By HFPracing.com

Place	Name	Age	Rnk	Swim 1/2mi			Bike 25mi			Run 3.26mi			Total	
				Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time		Pace
1	Scott Erba	35	1	12:18.47	24:36	00:33.57	1	1:04:13.85	23.4	00:28.81	2	20:36.60	6:19	1:38:11.30
2	David Fink	38	3	13:37.86	27:14	00:24.75	6	1:13:03.60	20.5	00:33.43	3	22:42.41	6:58	1:50:22.05
3	Paul Furniss	37	2	13:36.66	27:12	00:27.26	7	1:13:05.92	20.5	00:31.80	4	23:16.70	7:08	1:50:58.34
4	Diana Schowe	39	27	20:47.96	41:34	01:15.04	3	1:12:27.51	20.7	00:43.97	1	17:41.55	5:25	1:52:56.03
5	Gerald Steinhoff	50	33	21:48.66	43:36	00:57.02	4	1:12:40.68	20.6	00:39.43	13	27:02.91	8:18	2:03:08.70
6	Steve Martinsky	30	15	19:00.45	38:00	01:30.61	9	1:15:24.76	19.9	00:48.54	12	26:37.65	8:10	2:03:22.01
7	Curtis Grace	17	8	17:04.30	34:08	00:42.66	22	1:20:15.16	18.7	00:37.74	7	24:54.68	7:38	2:03:34.54
8	Karen Erba	34	32	21:45.35	43:30	00:29.59	8	1:14:20.19	20.2	00:41.10	10	26:24.75	8:06	2:03:40.98
9	Steve Knouff	54	40	24:15.51	48:30	01:26.56	5	1:12:55.15	20.6	00:33.19	8	25:41.76	7:53	2:04:52.17
10	Rick Vorick	53				16:14.26	26	1:21:41.86	18.4	00:27.98	14	27:38.03	8:29	2:06:02.13
11	Ted Tiemon	49	20	19:48.18	39:36	00:23.13	11	1:16:05.86	19.7	00:43.61	23	29:39.56	9:06	2:06:40.34
12	Kevin Truelove	47	19	19:45.23	39:30	00:58.99	2	1:11:52.19	20.9	00:46.54	35	33:25.41	10:15	2:06:48.36
13	Helen Talford	37	6	16:33.04	33:06	01:07.40	24	1:21:03.10	18.5	01:10.23	15	27:39.88	8:29	2:07:33.65
14	Geoffrey Anspach	49	22	20:19.01	40:38	01:10.47	13	1:16:34.52	19.6	01:24.00	20	29:20.61	9:00	2:08:48.61
15	Toby Jo Hullinger	45	25	20:45.95	41:30	01:00.36	10	1:16:05.81	19.7	01:22.52	21	29:34.32	9:04	2:08:48.96
16	James McKinnon	48	39	24:13.39	48:26	01:05.12	12	1:16:06.41	19.7	01:01.32	11	26:26.73	8:07	2:08:52.97
17	Joseph Thomas	30	28	20:50.30	41:40	02:42.18	20	1:19:49.67	18.8	00:46.31	9	25:45.14	7:54	2:09:53.60
18	Kermit Hogeston	36	47	27:03.66	54:06	02:10.79	14	1:17:14.12	19.4	00:17.71	5	23:32.65	7:13	2:10:18.93
19	Maureen Kennedy	36	14	18:45.45	37:30	01:05.36	16	1:19:00.45	19.0	00:50.25	28	31:04.51	9:32	2:10:46.02
20	James Moya	39	13	18:29.08	36:58	00:23.22	17	1:19:29.12	18.9	00:55.71	32	32:16.23	9:54	2:11:33.36
21	Jamie Kirgisteam	37	18	19:42.22	39:24	00:22.48	15	1:18:20.58	19.1	02:18.03	30	31:18.86	9:36	2:12:02.17
22	Alan Schwartz	52	17	19:30.07	39:00	01:29.01	18	1:19:45.89	18.8	01:18.07	25	30:00.55	9:12	2:12:03.59
23	Kim Larsen	42	5	16:21.63	32:42	00:54.11	25	1:21:20.09	18.4	00:33.03	33	33:16.82	10:12	2:12:25.68
24	Mary Anne Rogers	46	21	20:15.72	40:30	01:35.85	27	1:22:15.43	18.2	00:49.77	17	28:22.54	8:42	2:13:19.31
25	Kim Lefever	48	10	17:50.67	35:40	01:05.22	37	1:25:54.85	17.5	01:31.10	16	27:40.39	8:29	2:14:02.23
26	Joel Oconnell	26	35	23:31.49	47:02	02:45.47	29	1:22:45.26	18.1	01:06.93	6	24:54.58	7:38	2:15:03.73
27	Thaddeus Borchers	37	9	17:08.35	34:16	01:24.36	23	1:20:57.05	18.5	01:17.69	40	34:41.51	10:38	2:15:28.96
28	Michael Maher	34	24	20:42.30	41:24	01:07.17	31	1:22:57.59	18.1	02:00.47	18	29:07.43	8:56	2:15:54.96
29	Jeff Eshelman	46	7	17:01.71	34:02	01:33.81	36	1:25:50.04	17.5	00:29.34	29	31:09.15	9:33	2:16:04.05
30	Jim Pickett	54	37	23:50.57	47:40	01:59.12	19	1:19:47.03	18.8	01:14.66	24	29:43.19	9:07	2:16:34.57
31	Wes Rogers	47	26	20:45.98	41:30	01:50.73	32	1:23:44.66	17.9	00:43.98	26	30:25.64	9:20	2:17:30.99
32	Doug Smith	60	29	20:55.37	41:50	01:43.17	30	1:22:55.92	18.1	01:32.63	27	30:43.25	9:25	2:17:50.34
33	Steven Keller	57	44	24:46.26	49:32	01:14.10	28	1:22:32.43	18.2	01:17.74	31	31:38.11	9:42	2:21:28.64
34	Terry Anderson	50	30	21:04.59	42:08	01:50.89	39	1:28:48.88	16.9	00:40.68	22	29:36.42	9:05	2:22:01.46
35	Lana Shoaf	27	12	18:09.63	36:18	00:52.13	35	1:25:31.18	17.5	00:29.70	47	37:45.60	11:35	2:22:48.24
36	Charles Roddis	30	4	15:19.14	30:38	02:03.28	33	1:24:02.77	17.9	01:11.64	55	44:19.30	13:36	2:26:56.13
37	David Fischer	46	36	23:42.02	47:24	02:03.31	21	1:20:14.52	18.7	01:17.57	50	40:08.66	12:19	2:27:26.08
38	Bob Winters	37	34	21:57.92	43:54	02:37.66	46	1:34:31.84	15.9	00:45.11	19	29:15.25	8:58	2:29:07.78
39	Bruce Gardner	35	38	23:56.26	47:52	03:45.82	34	1:25:12.83	17.6	02:20.98	41	35:44.84	10:58	2:31:00.73
40	Lisa Ringger	27	11	18:09.16	36:18	02:18.88	44	1:33:04.27	16.1	01:37.36	42	36:27.55	11:11	2:31:37.22
41	Eric Baker	32				24:11.53	41	1:31:17.19	16.4	02:24.35	43	36:40.16	11:15	2:34:33.23
42	Stan Kunkel	50	41	24:16.63	48:32	01:11.26	47	1:36:52.74	15.5	01:04.59	34	33:23.33	10:14	2:36:48.55
43	Dennis Klopfenstein	47	51	29:56.53	59:52	03:52.60	38	1:27:53.35	17.1	01:59.18	39	33:38.60	10:19	2:37:20.26
44	Neil Kissell	39	31	21:45.18	43:30	03:30.44	43	1:32:24.81	16.2	02:13.94	48	38:07.58	11:42	2:38:01.95
45	Gary Anderson	44	43	24:39.32	49:18	03:12.30	42	1:32:11.90	16.3	01:45.98	46	36:57.46	11:20	2:38:46.96

Place	Name	----- Swim 1/2mi -----			----- Bike 25mi -----			----- Run 3.26mi -----			Total			
		Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time		Rnk	Time	Pace
46	Fred Froderman	44	50	29:39.43	59:18	02:57.65	40	1:29:47.29	16.7	00:54.56	49	39:28.65	12:06	2:42:47.58
47	Milinda Abel	33	45	25:00.47	50:00	04:47.10	49	1:37:23.24	15.4	01:03.69	45	36:46.74	11:17	2:45:01.24
48	Robert Abel	32	49	29:11.89	58:22	02:36.64	48	1:37:21.83	15.4	01:04.50	44	36:46.41	11:17	2:47:01.27
49	Bethany Doyle	26	42	24:32.11	49:04	02:59.05	50	1:40:55.53	14.9	00:34.43	53	43:42.95	13:24	2:52:44.07
50	Lindsay Hall	23	55	32:16.46	64:32	01:45.00	45	1:33:28.49	16.0	02:04.08	54	43:46.22	13:26	2:53:20.25
51	Kirsten Baker	25	52	30:04.04	60:08	02:56.49	51	1:45:43.90	14.2	01:10.20	37	33:32.54	10:17	2:53:27.17
52	Michel Haney	27	48	27:08.94	54:16	05:53.04	53	1:45:51.29	14.2	01:05.05	36	33:29.13	10:16	2:53:27.45
53	Dennis Beucler	50	54	32:02.14	64:04	02:59.51	52	1:45:47.37	14.2	01:05.03	38	33:33.93	10:17	2:55:27.98
54	Ashlee Fear	17	16	19:24.49	38:48	02:27.53	55	1:48:15.32	13.9	01:31.11	57	51:22.37	15:45	3:03:00.82
55	Cole Lenz	17	23	20:28.61	40:56	03:31.98	54	1:48:10.73	13.9	01:27.44	56	51:21.66	15:45	3:05:00.42
56	Kay Schwob	42	46	25:10.63	50:20	02:23.08	57	1:54:02.54	13.2	00:35.88	52	43:02.54	13:12	3:05:14.67
57	Chad Ware	37	53	32:00.21	64:00	01:04.95	56	1:52:34.17	13.3	00:43.94	51	41:34.68	12:45	3:07:57.95
58	Bradley McDonald	35												
59	Linda Ianucilli	41				18:41.25				1:38:05.20				

Photos from the Inaugural VEEP Triathlon Duathlon at J.Edward Roush Lake courtesy of Mitch Harper
 Clockwise from top left Diana Schowe, Men's start, James McKinnon, Women's start.



2004 Veep Triathlon & Duathlon

Overall Results Duathlon July 10, 2004

Results By HFPracing.com

Place	Name	Age	----- Run 3.26mi -----			TA1	----- Bike 25mi -----			TA2	----- Run 3.26mi -----			Total
			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	Shawn Demarest	35	6	29:28.39	9:02	01:12.33	1	1:13:24.17	20.4	00:42.91	5	30:12.48	9:16	2:15:00.28
2	Jeff Gray	41	2	24:26.80	7:30	00:47.45	6	1:24:14.16	17.8	00:43.86	2	25:25.45	7:48	2:15:37.72
3	John Sites	53	5	28:56.82	8:53	00:48.11	2	1:19:04.96	19.0	00:28.74	4	27:38.18	8:29	2:16:56.81
4	Russ Goodman	32	1	22:36.98	6:56	01:06.78	8	1:30:26.90	16.6	01:00.96	1	22:38.39	6:57	2:17:50.01
5	Neil Stinson	24	4	26:37.57	8:10	00:29.88	4	1:21:36.80	18.4	00:58.22	9	33:08.38	10:10	2:22:50.85
6	Dave Linarello	34	8	30:17.88	9:17	00:50.73	3	1:19:23.36	18.9	00:57.27	8	32:06.74	9:51	2:23:35.98
7	Donald Kramer	50	9	30:22.49	9:19	00:32.26	5	1:23:14.18	18.0	00:19.49	7	31:26.72	9:39	2:25:55.14
8	Michael Variell	47	7	30:01.46	9:12	00:31.19	7	1:26:54.80	17.3	00:40.61	6	30:45.66	9:26	2:28:53.72
9	Chad Shearer	34	3	26:09.34	8:01	00:39.58	10	1:41:07.39	14.8	00:26.90	3	27:10.17	8:20	2:35:33.38
10	Lynn Armstrong	57	10	36:38.08	11:14	04:11.86	9	1:33:33.31	16.0	03:46.57	10	51:11.12	15:42	3:09:20.94

Team Bird Needs Trophies

Team Bird has started a program to recycle old trophies for our youth runners at races. We have already collected some and had great success at the Elementary track and Heart Beats runs.

A local jewelry store has donated name plates and engravings to give the event that personal touch.

The trophies are then donated back to races for HS, MS and Elementary participants.

If you have old trophies to donate, just call Gary at 260 244-4408 or email at garylbird@earthlink.net. JoAnn can also take drop offs at Dick's Sporting Goods.

Late Breaking News!

FWTC Purchases AMB Chip Timing System

At the July 14th Board meeting, the FWTC Board approved the purchase of the AMB Chip Timing System. The system had been under test by the FWTC for a 90 trial period, and was used at the River City Rat Race, Runners on Parade, and other local events. The trial period was an unqualified success with runners, volunteers, and race directors having a very positive experience with the system.

Volunteers will be needed for the 'Timing Team' to help use the system at area races. If interested in learning more about the AMB Chip Timing System contact Don Lindley at (260)432-5998 or lindleyd@infonline.net

Landis Tool Grinding, Inc.



Shipping Address
2155 E. Business 30
Columbia City, IN 46725

CNC Grinding





Billing Address
P.O. Box 206
Churubusco, IN 46723

(260) 244-5030 Fax (260) 244-5383
Email LTG541TL@MSN.COM

Tom Landis

FWTC Points Standing

Men 19 And Under

Place	Name/Race	City	Points
1	Sam N Bird	Columbia City In	200.0
2	Danny White	Fort Wayne In	200.0
3	Brad Hess	Fort Wayne In	185.0
4	Matt Minnick	New Haven In	185.0
5	Kurt White	Fort Wayne In	175.0
6	Jared Minnick	Leo In	170.0
7	David Boyer	Fort Wayne In	170.0
8	Sean Mcavoy	Bluffton In	100.0
9	Stephen Clark	Fort Wayne In	100.0
10	Matthew R Wright	Fort Wayne In	100.0
11	Bradley White	Fort Wayne In	100.0
12	Sam Deitle	Fort Wayne In	85.0

Men 20 To 29

Place	Name/Race	City	Points
1	Casey Shafer	Fort Wayne In	305.0
2	Brad A Thomas	Fort Wayne In	300.0
3	George Minchart	Auburn In	185.0
4	Mike Cole	Angola In	100.0

Men 30 To 34

Place	Name/Race	City	Points
1	Anthony Juliano	Fort Wayne In	655.0
2	Sam Gillie	Fort Wayne In	550.0
3	Brian Loucks	Fort Wayne In	450.0
4	Chad Matthaidess	Auburn In	400.0
5	David Whitcomb	Hoagland In	185.0
6	Karl Behrens	Fort Wayne In	175.0
7	Michael Wolfe	Fort Wayne In	160.0
8	Chris Dunmire	Fort Wayne In	140.0
9	Brian Knott	New Haven In	110.0
10	Michael Fruchey	Huntertown In	100.0
11	Buff Dormeier	Fort Wayne In	100.0
12	Niels Rasmussen	Fort Wayne In	75.0
13	Joseph Dimarzio	Fort Wayne In	35.0

Men 35 To 39

Place	Name/Race	City	Points
1	Mark Walter	Garrett In	485.0
2	Eric Kleinrichert	Fort Wayne In	350.0
3	Chad Ware	Fort Wayne In	285.0
4	Brett Hess	Fort Wayne In	170.0
5	Andy Haxton	Fort Wayne In	130.0
6	Robert Minnich, Jr	Fort Wayne In	100.0

Men 40 To 44

Place	Name/Race	City	Points
1	Paul E Knott	Fort Wayne In	455.0
2	Jeff Metzger	Fort Wayne In	455.0
3	Toby Jo Hullinger	Monroeville In	340.0
4	Mark Beals	Ft Wayne In	300.0
5	Dan Cummiskey	Fort Wayne In	250.0
6	John Hamilton	Fort Wayne In	220.0
7	Darryl Cargo	Fort Wayne In	210.0
8	Mark Pace	Fort Wayne In	200.0
9	Jeff Tancr	Fort Wayne In	160.0
10	Jim Bougher	Fort Wayne In	160.0
11	Scott Beam	Fort Wayne In	160.0
12	Jim Berghoff	Fort Wayne In	125.0
13	Thom Horton	Fort Wayne In	110.0
14	Joseph Ryan	Fort Wayne In	45.0
15	Phillip Kelley	Churubusco In	15.0

Men 45 To 49

Place	Name/Race	City	Points
1	Brad Altevogt	Fort Wayne In	745.0
2	James Mckinnon	Waterloo In	470.0
3	Dana Budd	New Haven In	285.0
4	Tom Landis	Churubusco In	270.0
5	Chuck Brown	Bluffton In	250.0
6	Mitch Harper	Fort Wayne In	205.0
7	Thomas J Felts	Fort Wayne In	205.0
8	Mark Furkis	Ligonier In	200.0

FWTC Points Standing

9	Kevin Truelove	Fort Wayne In	175.0
10	Stephen M Hilker	Fort Wayne In	165.0
11	Paul Shaffer	Decatur In	160.0
12	Chris Croy	Columbia City In	120.0
13	Len Piropato	Fort Wayne In	115.0
14	Thomas Boyer	Fort Wayne In	110.0
15	Rick Hilker	Fort Wayne In	110.0
16	Jon Schlatter	Fort Wayne In	105.0
17	Joseph Nayarkas	Fort Wayne In	105.0
18	Tim O'connell	Fort Wayne In	100.0
19	George Huber	Fort Wayne In	65.0
20	Dennis Klopfenstein	New Haven In	60.0
21	Doug Ulmer	Leo In	45.0
22	Jay Fawver	Fort Wayne In	45.0
23	Craig Bobay	Ft Wayne In	40.0
24	Donald Kramer	Van Wert Oh	35.0
25	Bill Ryan	Fort Wayne In	25.0
26	Dean Russ	Fort Wayne In	25.0
27	John N Link	New Haven In	25.0
28	Gregg Johnson	Fort Wayne In	15.0
29	Chuck Zumbun	Churubusco In	15.0
30	Mark Waldron	Wawaka In	10.0
31	Kim A Lefever	Columbia City In	5.0
32	Timothy Ryan	Fort Wayne In	5.0
33	Stephen Woenker	Fort Wayne In	5.0
34	Steven E Ludwiski	Fort Wayne In	5.0
35	Gary L Bird	Columbia City In	5.0

Men 50 To 54

Place	Name/Race	City	Points
1	Jim Pickett	Waterloo In	505.0
2	Jed Pearson	Columbia City In	345.0
3	Phil Suelzer	Fort Wayne In	300.0
4	Jerry Diehl	Fort Wayne In	285.0
5	John Treleaven	Fort Wayne In	260.0
6	John David Mcpherson	Fort Wayne In	260.0
7	Kerry Blanchette	Fort Wayne In	235.0
8	Lynn T Bobay	Fort Wayne In	205.0
9	Roger Wilson	Fort Wayne In	185.0
10	Sam Hadley	Grabill In	155.0
11	Todd Seiman	Fort Wayne In	140.0
12	Don Ransome	Warsaw In	100.0
13	Alan Bradley	New Haven In	100.0
14	David L Winters	Huntington In	90.0
15	Steven Greider	Fort Wayne In	85.0
16	Terry Anderson	Fort Wayne In	75.0
17	Jim Weide	Fort Wayne In	65.0
18	Aaron Cox	Fort Wayne In	65.0
19	Lon R Braun	Fort Wayne In	65.0
20	Tom Fuelling	Ft Wayne In	25.0
21	Scott A Miller	Fort Wayne In	25.0

Men 55 To 59

Place	Name/Race	City	Points
1	Bob Bruckner	Fort Wayne In	700.0
2	Donald Lindley	Fort Wayne In	525.0
3	Rich Stephenson	Monroeville In	390.0
4	James H Wright	Ft Wayne In	325.0
5	Joel Schartzer	Goshen In	280.0
6	Ed Beckner	Huntington In	175.0
7	Art Obregon	Pierceton In	170.0
8	Jim Deitle	Fort Wayne In	120.0
9	Bob Michel	Ft Wayne In	100.0
10	John Brier	Fort Wayne In	85.0
11	Jack Seigel	Fort Wayne In	85.0
12	Lynn E Armstrong	Fort Wayne In	65.0
13	Lynn Armstrong	Fort Wayne In	55.0

Men 60 To 69

Place	Name/Race	City	Points
1	Joe Ziegler	New Haven In	585.0
2	David E Boylan	Fort Wayne In	535.0
3	Bernie Burgette	Fort Wayne In	255.0
4	William Crane	Warsaw In	205.0
5	Tom Felger	Fort Wayne In	200.0
6	Bill Sohaski	Fort Wayne In	200.0
7	Bud Stiffler	Anderson In	175.0
8	Karl Dietsch	Fort Wayne In	150.0

FWTC Points Standing

9	William R Clark Jr	Ft Wayne In	130.0
10	Ray Casiano	New Haven In	100.0
11	Dewain Cobbs	Warsaw In	100.0
12	Rex Reed	Warsaw In	100.0
13	Don Ashton	Fort Wayne In	100.0
14	Bill Harris	Grabill In	85.0
15	Freeman Hershberger	Goshen In	85.0
16	Dick Sive	Fort Wayne In	65.0
17	Dick Hamly	Fort Wayne In	55.0

Men 70 And Over

Place	Name/Race	City	Points
1	Kenneth E Disler	Fort Wayne In	700.0
2	Bernie Husing	Fort Wayne In	475.0
3	Robert C Loomis	Monroeville In	355.0
4	James P Jones	Fort Wayne In	265.0
5	Don Anderson	Fort Wayne In	200.0
6	Jack Hilker	Fort Wayne In	200.0
7	Ian Rolland	Fort Wayne In	200.0

Women 19 And Under

Place	Name/Race	City	Points
1	Kylee Keuneke	Decatur In	270.0
2	Courtney Raypole	Columbia City In	200.0
3	Amy Roberts	Fort Wayne In	185.0
4	Lynn Altevogt	Fort Wayne In	165.0
5	Kathryn Morrical	Grabill In	100.0
6	Leslie Trabel	Monroeville In	100.0
7	Jessica Thomas	Auburn In	75.0
8	Sarah Bird	Columbia City In	75.0
9	Kalissa Blanchette	Fort Wayne In	55.0

Women 20 To 29

Place	Name/Race	City	Points
1	Amy Stephan	Fort Wayne In	600.0
2	Julie Cole	Angola In	100.0
3	Maricela Stroud	Fort Wayne In	85.0

Women 30 To 34

Place	Name/Race	City	Points
1	Karen Gillie	Fort Wayne In	385.0
2	Tammy Behrens	Fort Wayne In	300.0
3	Tracy Brooks	Fort Wayne In	250.0
4	Chrisy Link	New Haven In	100.0
5	Jennifer Steigmeyer	Fort Wayne In	100.0

Women 35 To 39

Place	Name/Race	City	Points
1	Diana Schowe	Auburn In	685.0
2	Staci Beiswanger	South Whitley In	325.0
3	Anne Duff	Fort Wayne In	100.0
4	Kimberly Summers	Fort Wayne In	85.0
5	Julie McNulty	Fort Wayne In	75.0
6	Victoria Downs	Fort Wayne In	45.0

Women 40 To 44

Place	Name/Race	City	Points
1	Linda Keuneke	Fort Wayne In	605.0
2	Sheryle Braaten	Hoagland In	420.0
3	Beverly Metzger	Fort Wayne In	365.0
4	Betty Greider	Fort Wayne In	295.0
5	Karen Kosberg	Fort Wayne In	175.0
6	Claire Weir	Fort Wayne In	155.0
7	Mary Crane	Warsaw In	140.0
8	Linette Barry	Fort Wayne In	120.0
9	Denise Conrad	Decatur In	85.0
10	Lorraine Brattoli	Fort Wayne In	75.0
11	Robbin Mauger	Columbia City In	65.0

Women 45 To 49

Place	Name/Race	City	Points
1	Cheryl Stromski	Antwerp Oh	505.0
2	Judy White	Fort Wayne In	400.0
3	Judy Tillapaugh	Fort Wayne In	300.0

FWTC Points Standing

4	Tamara Wright	Ft Wayne In	275.0
5	Regina Blanchette	Fort Wayne In	250.0
6	Katie Creighton	Fort Wayne In	170.0
7	Terri Gross	Fort Wayne In	150.0
8	Margie Morris-Parker	Ft Wayne In	120.0
9	Susan Peterson	Albion In	75.0
10	Cathy Hawks	Fort Wayne In	75.0

Women 50 To 54

Place	Name/Race	City	Points
1	Helen Ryan	Fort Wayne In	560.0
2	Nancy Simmonds	Ft Wayne In	270.0
3	Phyllis Suelzer	Fort Wayne In	200.0
4	Nancy Boyer	Fort Wayne In	100.0

Women 55 To 59

Place	Name/Race	City	Points
1	Barb Scrogam	Fort Wayne In	200.0

Women 60 To 69

Place	Name/Race	City	Points
1	Rochelle Alberding	Bluffton In	500.0
2	Sarah Kleinknight	Fort Wayne In	200.0
3	Joan Gary	Fremont In	100.0

Results by Tom Landis of the Fort Wayne Track Club

Fort Wayne Orthopaedics Supports Fort Wayne Track Club!

Track club members are eligible for preferential appointment times at Fort Wayne Orthopedics (FWO). If an injury occurs, call Peter Paonessa at 436-6326, and let him know you are a member of the FWTC. He will get you an appointment scheduled with a sports medicine specialist. There is also a hotline available for injury-related questions. Call Greg at 438-2225.

Races from 08/01/2004 to 10/31/2004

Also available at www.ftwc.org

Local/Points Codes: L - Local race in the Ft. Wayne area, R - Regional Race Outside the Fort Wayne Area, P - FWTC Points race.

Date/Time	Local/ Points	Race Information
Aug 07 7:30am Sat	L	1st Annual "Beat the Heat 5K" Shoaff Park, Fort Wayne, IN <i>Contact:</i> Mike Else, 4120 Meter Dr, Fort Wayne IN 46806, 1-800-963-3004 <i>Info/Fees:</i> \$15-pre, \$17-race day, benefit Leukemia & Lymphoma Society <i>Email:</i> beattheheat5k@yahoo.com
Aug 07 7am Sat	LP	Harlan Days 10K Race - 6.2 miles Harlan Park, Harlan, IN <i>Contact:</i> Thomas Bunner, D.D.S., PO Box 255, Harlan, IN 46743, 260-657-5197 <i>Info/Fees:</i> FWTC POINTS RACE
Aug 07 7pm Sat	R	Gator Gallop - 5K St Aloysius Church, Yoder, IN <i>Contact:</i> Chad Ware, 1121 Cottage Ave, Fort Wayne, IN, 46807, 260-744-0290 <i>Info/Fees:</i> \$9-Pre, \$12-Race Day, Family Rate-\$25 <i>Email:</i> Gatorgallop@juno.com
Aug 07 8am Sat	L	Summit City Triathlon or Duathlon - Tri-1.5K,40K,10K & Dua-5K,40K,5K Hurshtown Reservoir, Spencerville2, IN <i>Contact:</i> Geoff Wiadecki, 260-456-2904 <i>Info/Fees:</i> \$45-Individual, \$72 - Teams <i>Web site:</i> http://www.3rvs.com
Aug 07 8am Sat	R	Ashley-Hudson Festival 5K Classic - 5K Run/Walk Hudson, IN, <i>Contact:</i> Tatsy Hayes, PO Box 97, Hudson, IN 46747, 260-587-9500
Aug 07 8am Sat	R	Norris Insurance 5K Run/Walk Converse, IN <i>Contact:</i> John Norris, PO Box 157, Amboy, IN 46911, 765-395-7761
Aug 14 1M,8:45am; Walk,9am; Run 10am	R	24th Annual Mooreland Free Fair – 5K Run & 5K Walk & 1 Mile Run Fairgrounds, Mooreland, IN <i>Contact:</i> Terry Wallen, PO Box 203, Mooreland IN 47350, 766-6116 <i>Info/Fees:</i> \$11 w/shirt, \$6 w/o shirt
Aug 14 7am Sat	R	Howl at the Moon 8 Hour Run & Walk - 3.29 mile loop Kennekuk Cove County Park, Danville, IL <i>Contact:</i> Marc Reddy, PO Box 1701, Danville, IL 61834, 217-431-4243 <i>Info/Fees:</i> A perfect event for your first ultra. Post-race party w/food, drink, & music <i>Email:</i> krr@kennekuk.com <i>Web site:</i> http://www.kennekuk.com
Aug 14 8 am Sat	R	Healthy Traditions Fun Run/Walk – 5K Morsches Park, just south of US 30 on Indiana 205, Columbia City, IN <i>Contact:</i> Dani Tippmann or Ryan McCammon, (260) 244-7843 or (734) 332-3710 <i>Info/Fees:</i> Mihsihkinaahkwa Powwow; \$8 entry includes admission to powwow <i>Email:</i> ramblingrosetipp@yahoo.com or mccammon@umich.edu <i>Web site:</i> http://www.miamipowwow.com

Aug 14 8am Sat	RP	17th Annual Kernel Klassic – 5K Run/Walk Weaver Popcorn Co, Van Buren, IN <i>Contact:</i> Dawn Black, 408 West Landess, Van Buren, IN 46991, 1-765-934-5383 <i>Info/Fees:</i> FWTC POINTS RACE <i>Email:</i> dawn.black@popweaver.com <i>Web site:</i> http://www.popweaver.com
Aug 14 8am Sat	R	CKRR Age-Graded 4 Mile Run/ 5K Walk Highland Park, Kokomo, IN <i>Contact:</i> Mark Shorter, 2936 Congress Dr, Kokomo, IN 46902, 765-455-2283 <i>Email:</i> Mark@ckrr.us
Aug 14 8am Sat	R	FunFest 5K - 5K & 1 mile Fun Run (Elementary Invitation) Warvel Park (9th & Market St) 1M @ 8am & 5K @8:30am, North Manchester, IN <i>Contact:</i> Kevin Lochner, 10514 N Ogden Rd, N Manchester, IN 46962, 260-982-6105 <i>Info/Fees:</i> \$10-pre, \$12-race day <i>Email:</i> klochner@ctlnet.com
Aug 21 9am Sat	L	Family Fun 5K Walk/Run for Safety - 5K Star 88.3 Concordia Theological Seminary, Fort Wayne, IN <i>Contact:</i> James Berger, Fire Chief St Joseph Township Fire Dept, 6033 Maplecrest Rd, Fort Wayne, IN 46835, <i>Info/Fees:</i> No registration fee, freewill donation to raise money to purchase a fire safety smoke house, 8am registration/checkin <i>Email:</i> SJTfD71@aol.com
Aug 25 6:30pm Wed	L	2004 Living Healthier Series - Meal Planning/Recipe Modification - Barb Minger, RD Kachmann Auditorium - Lutheran Hospital, Fort Wayne, IN <i>Contact:</i> 260-434-6095 <i>Info/Fees:</i> Free of Charge - Donation of a non-perishable food item for the Community Harvest Food Bank <i>Web site:</i> http://www.LivingHealthierSeries.com
Aug 28 8:30am Sat	R	4th Annual Cornfest - 5 Mile & 1 Mile Fitness Run Benefit The Huntington Youth Services Bureau, Huntington, IN <i>Contact:</i> Bob Jennings, 1344 Maple Dr, Huntington, IN 46750, 260-359-1820 <i>Info/Fees:</i> \$10 pre; \$3-1 Mile; \$15 - 38/50/75 Mile Bike Route <i>Email:</i> rljr262@yahoo.com <i>Web site:</i> http://ysbcornfest.tripod.com
Aug 28 8am Sat	R	City Walk & Health/Fitness Expo-Get Fit,Stay Fit - 10K Run, 5 Walk, 1 Mile Run Schnelker Park, New Haven, IN <i>Contact:</i> Kerri Zurbuch MA, ACSM, PO Box 184, New Haven IN 46774-0184, 260-433-0024 <i>Info/Fees:</i> 10K-\$30, 5K-\$25, 1-Mile Kids-\$20(all incl t-shirt & entry to Health Expo; 10K (1st-\$500 savings bond) (2nd-\$300 savings bond)(3rd-\$200 savings bond), 5k(largest group), 1 mile (largest school) <i>Email:</i> kerri.zurbuch@verizon.net <i>Web site:</i> http://www.city-walk.org
Aug 28 9am Sat	R	D.IN.O. Trail Run Series - 5K or 15K Doin'it Outdoors, Richmond, IN <i>Contact:</i> Brian Holzhausen, 317-308-6449 <i>Email:</i> Brian@DINOseries <i>Web site:</i> http://www.DINOseries
Sep 05 9am Mon	R	30th Annual Blueberry Stomp - 15K & 5K & 1 Mile Fun Run Plymouth, IN <i>Contact:</i> Adams Street Ministries, Inc, First Church of Christ, 321 N Center, Plymouth, IN 46563, 219-936-5020 <i>Web site:</i> http://www.blueberryfestival.org
Sep 05 9am Sun	R	Tortoise & Hare Race - 10K Tri-Village School, New Madison, OH <i>Contact:</i> Terry Dryden, 5438 St Rt 49 S Lot 38, Greenville, OH 45331, 937-548-6017 <i>Info/Fees:</i> \$15 -Pre

Sep 11 10am Sat	R	Orlander Park USATF 100-Mile Championship Orlander Park Lake, Sylvania, OH <i>Contact:</i> Tom Falvey, 5835 Heidaway Lane, Sylvania, OH 43560, 419-475-0731 <i>Info/Fees:</i> chip lap scoring, 1.1 mile flat, oval course open 27 hrs <i>Email:</i> falvey@prodigy.net
Sep 11 50M@7:30am and 26.2M@8am Sat	R	5th Annual North Country Trail Run - Marathon & 50 Miles Manistee National Forest, Manistee, MI <i>Contact:</i> Steve Webster, Striders, 4045 Chicago Dr, Grandville, MI 49418, 616-261-9706 <i>Info/Fees:</i> \$50-Pre, \$65-Post, 25 mile loop run, 12.5 hr time limit <i>Email:</i> steve@stridersrun.com <i>Web site:</i> http://stridersrun.com
Sep 11 6am Sat	R	Dances with Dirt 10th Anniversary Relay & Ultra Run - Slightly Marked Trail, 50Mile, 50K & 100K Relay Half Moon Lake, Hell, MI <i>Contact:</i> Dances With Dirt, 43271 Crescent Blvd, Novi, MI 48375, 248-347-4568 <i>Info/Fees:</i> Dances With Dirt Relay is SOLD OUT! you can still enter the 50 mile or 50km ultra <i>Email:</i> dirtdiva@runningfit.com <i>Web site:</i> http://danceswithdirt.com
Sep 11 7:30am Sat	L	Roanoke Fall-Fest Five - 5 Miles & 1 Mile Fun Run Wells Fargo Parking Lot, Roanoke, IN <i>Contact:</i> Dave Winters, 3402 E 716 N, Huntington, IN 46750, 260-672-8281
Sep 17 5 pm Fri	R	Elementary One-Mile Cross Country Championships Morshes Park, Columbia City, IN <i>Contact:</i> Gary Bird, 260-244-4408 <i>Email:</i> garylbird@earthlink.net
Sep 18 8:15am Sat	R	Run to Oz Trail Run - 5K (X-C) Coffee Creek Center Preserve, Chesterton, IN <i>Contact:</i> Jon Winey, 219-926-3431 <i>Email:</i> jwiney@comcast.net
Sep 18 4 PM Sat	LP	4th Annual Dupont 5K - 5K Dupont Hospital, FWTC Pts Race, Fort Wayne, IN <i>Contact:</i> Rick Hilker, 10323 Dawsons Creek Blvd, 10-C Ft Wayne IN 46825, 260-484-0454 <i>Info/Fees:</i> \$12 Pre-registration, Total Prize \$500 <i>Email:</i> drickd@aol.com <i>Web site:</i> http://www.Dupont5K.com
Sep 19 10am Sun	R	Sam Hornish Family Heart Ctr Walk, Run & Roll - 5K Defiance Reg Med Hospital, 1200 Ralston Ave, Defiance, OH <i>Contact:</i> Bob Krouse, 419-783-6802 <i>Email:</i> Bob.Krouse@ProMedica.org
Sep 19 8:30 am Sat	R	State to State - 13.1 Miles, 5K Run, Fun Run Oxford, OH <i>Contact:</i> Steve Beckman, (513) 523-2386 <i>Info/Fees:</i> Run from Ohio to IN, then back to OH <i>Email:</i> info@statetostate.org <i>Web site:</i> http://www.statetostate.org/
Sep 22 6:30pm Wed	L	2004 Living Healthier Series - Nutritional Supplement - Dr Peter Hanley Kachmann Auditorium - Lutheran Hospital, Fort Wayne, IN <i>Contact:</i> 260-434-6095 <i>Info/Fees:</i> Free of Charge - Donation of a non-perishable food item for the Community Havest Food Bank <i>Web site:</i> http://www.LivingHealthierSeries.com
Sep 25 8am Sat	LP	Parlor City Trot - 13.1 Mile & 10K Run FWTC Pts Race & News-Sentinal Running Series, Bluffton, IN <i>Contact:</i> Mac MacAvoy, PCT/FWTC, PO Box 11703, Ft Wayne, IN 46860, 260-450-1071 <i>Info/Fees:</i> \$15 Pre-reg, Total Prize Money \$1700 <i>Email:</i> clannac@adamswells.com <i>Web site:</i> http://www.fwtc.org/parlorcity

Sep 26 11am Sun	R	Wild Wild Wilderness Trail Run - 7.6 miles rugged trails Kickapoo State Park, Danville, IL <i>Contact:</i> Jack Foley, PO Box 1701, Danville, IL 61834, 217-443-5452 or 800-536-3314 <i>Info/Fees:</i> Grand Slam Event - Age Group, Weight Divisions, & Teams Competition <i>Email:</i> krr@kennekuk.com <i>Web site:</i> http://www.kennekuk.com
Oct 02 8am Sat	L	8th Annual Spineway Run/Walk - 5K & 2 Mile Non-Competitive Fort Wayne Orthopedics, 7601 W. Jefferson Blvd, Fort Wayne, IN <i>Contact:</i> Greg Ingermann (5k) Peter Paonessa (2 mile walk), PO Box 2526, Ft Wayne IN 46801-2526, (Greg) 260-438-2225 (Peter) 260-436-6326 <i>Info/Fees:</i> \$15-Pre, \$20-Race Day, Long Sleeve T-Shirts, "all proceeds to benefit the Stauffer-Kimbrough Foundation" <i>Email:</i> greg_the_trainer@hotmail.com <i>Web site:</i> http://www.fwortho.com
Oct 03 8am Sun	R	Milwaukee's Lakefront Marathon - 26.2 Miles & Relay Milwaukee, WI <i>Contact:</i> 414-476-7223 <i>Info/Fees:</i> \$45-Pre,\$80-Race Day <i>Email:</i> lfm@execpc.com <i>Web site:</i> http://www.badgerlandstriders.org
Oct 04	R	Elementary 3K Race All Star XC Nobleville Golf Course, Nobleville, IN <i>Contact:</i> Phil Suelzer,
Oct 09 8:30 am Sat	R	Cole Porter Classic - 15K & 5K Run/Walk & 5K Competitor Walk Peru Circus Bldg, Peru, IN <i>Contact:</i> Jim Yates, PO Box 168, Peru, IN 46970, 765-985-3488 <i>Email:</i> jyates@netusa1.net
Oct 09 8am Sat	R	Jill Behrman run for the end zone - 5K Run/Walk Mellencamp Pavilion, Bloomington, IN <i>Contact:</i> Christine Ruddick, 855-7772 <i>Web site:</i> http://http://www.recsports.indiana.edu/special_events/jill_behrman.php4
Oct 09 9am Sat	L	11th Annual Food Bank 5K Run/Walk & PeeWeeRun Canterbury School(Benefit Assoc. Church Food Bank, Fort Wayne, IN <i>Contact:</i> Krista Lahman, Canterbury School, 3210 Smith Road, Fort Wayne, IN 46804, 260-436-7721 <i>Info/Fees:</i> PeeWee Run: 8:45am: Race Day Registration 8am to 9am Entry:\$10/a canned food donation <i>Web site:</i> http://canterburyschool.org
Oct 10 1:00pm Sun	LP	Zoom thru Zulu - 10K, 10K relay ,5K Walk, Kids Run Zulu, IN <i>Contact:</i> Mitch Harper, 5207 Hopkinton Dr, Fort Wayne IN 46814, 260.436.4824 FAX: 260.436.8284 <i>Info/Fees:</i> FWTC Point Race \$2-Kids run, \$6 -all other events by 10/4; 10K run, \$1200-Total Cash Prize <i>Email:</i> zulu10K@aol.com <i>Web site:</i> http://www.zulu10k.com
Oct 10 7:30 am Sun	R	LaSalle Bank Chicago Marathon - 26.2 Miles & 5K Run Chicago, IL <i>Contact:</i> Entry \$80, 312-904-9800 <i>Info/Fees:</i> Entry \$80, Reg closes 9/5 or when max 40,000 <i>Web site:</i> http://www.chicagomarathon.com
Oct 16 5pm Sat	R	Pumpkin in the Park - 5K Chicago, IL <i>Contact:</i> Fleet Feet Sport Chicago, <i>Info/Fees:</i> \$25 - Race Day <i>Web site:</i> http://www.fleetfeetchicago.com

Oct 17 8am Sun	R	25th Columbus Marathon - 26.2 Miles, Relay & Walking Div. Columbus, OH <i>Contact:</i> 614-421-7866, <i>Info/Fees:</i> \$60-Pre 8/31, \$75>10/1 thru 10/16 <i>Web site:</i> http://www.columbusmarathon.com
Oct 23 9am Sat	R	D.IN.O Trail Run Series - 5K or 15K Southwestway Pk, Indpls, IN <i>Contact:</i> Brian Holzhausen, 317-308-6449 <i>Email:</i> Brian@DINOseries.com <i>Web site:</i> http://www.DINOseries
Oct 24 2pm Sun	LP	Callithumpian Canter (Tentative) - 5K and 1 mile Fun Run @ 1:30pm Bellmont High School - US 224E, Decatur, IN <i>Info/Fees:</i> 5K \$9.00 pre-reg - \$10 day of 1 mile \$5 pre-reg - \$6 day of
Oct 24 7:35am Sun	R	Detroit Free Press Marathon & Half Marthon Detroit, MI <i>Contact:</i> Patricia Ball, 600 W Fort St, Detroit MI 48226, 313-222-6676 <i>Info/Fees:</i> Early Entry \$55 <i>Email:</i> marathon@freepress.com <i>Web site:</i> http://www.freep.com/marathon
Oct 27 6:30pm Wed	L	2004 Living Healthier Series - Panal Discussion - Dr Peter Hanley, Dr Stacie Wenk, Barb Minger, RD Kachmann Auditorium - Lutheran Hospital, Fort Wayne, IN <i>Contact:</i> 260-434-6095 <i>Info/Fees:</i> Free of Charge - Donation of a non-perishable food item for the Community Harvest Food Bank <i>Web site:</i> http://www.LivingHealthierSerie.com
Oct 30 6:30am Sat	R	Chicago Lakefront 50/50 - 50K & 50 Miles Bikepath, Chicago, IL <i>Contact:</i> Stuart Schulman, 2800 N Lake Shore Dr, #2808, Chicago, IL 60657, 773-477-9112 <i>Info/Fees:</i> \$30 to \$55, Pre & Post, 8 hr limit for 50k and 11.5 hr limit for 50m <i>Email:</i> info@chicagoultra.org <i>Web site:</i> http://http://www.chicagoultra.org



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Fort Wayne Track Club members—come into Three Rivers Running Company and use your 10% FWTC member discount! We have technical running gear from Asics, Brooks, Mizuno, New Balance, Pearl Izumi, Saucony, SportHill, Hind, Timex, and much more!

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FWTC MEMBERSHIP APPLICATION

Name: _____ Date of Birth ___/___/___ Sex _____

Address: _____ Home Phone _____

City/State/Zip: _____ Work Phone _____

E-mail address: _____

Occupation: _____ Business Affiliation: _____

Type of Membership: Single: ___ Family: ___ New Member: _____ Renewal: _____

Family Members:

Spouse: _____ Birthdate: _____ Sex: _____

Children: _____ Birthdate: _____ Sex: _____

Children: _____ Birthdate: _____ Sex: _____

Make checks out to: Fort Wayne Track Club, PO Box 11703, Fort Wayne, IN 46860-1703

ANNUAL MEMBERSHIP DUES: January 1—December 31

One year: \$16 Two Years: \$28 Three Years: \$36

New Members: first year only \$12 If you join during the year you pay as follows: 100%-Jan., Feb., Mar
Members under 21: \$12 75%-Apr., May, Jun..
Family rates: \$4 for ea. add'l family member (\$8- max) 50%-Jul., Aug., Sep.
125%-Oct., Nov., Dec..

The Fort Wayne Track Club has obtained an insurance policy through the Road Runners Club of America which gives coverage for various events. Through this insurance we are covered for weekly runs, picnics, socials, and volunteers at races and other club functions. Please sign a waiver if you have not already done so. The waiver will be kept on file. \$1.25 of your annual dues goes to the RRCA for your subscription to the quarterly magazine, FootNotes, that you receive as a member of the Road Runners Club of America.

CLUB MEMBERSHIP APPLICATION WAIVER

I agree for myself, and any other person named on this application, that: I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, Fort Wayne Track Club, and all sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record for any legitimate purpose. I understand and will abide by the guidelines that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in club races.

Signature: _____ Date: _____

Parents Signature(if under age 18) _____ Date: _____

ATTENTION TRACK CLUB MEMBERS

Please notify Don Lindley when you change your address. The post office will not forward the Inside Track even when you notify the post office of change of address. It is costing the FWTC for additional postage and for printing extras when newsletters and the RRCA's Footnotes quarterly newsletter have to be mailed again.

Notify Don Lindley at:

lindleyd@infionline.net, or

(260) 432-5998 or (260) 436-2234, or

**FWTC
PO Box 11703
Fort Wayne, IN 46860-1703**

A d v e r t i s i n g R a t e s

	1 ISSUE	3 ISSUES	6 ISSUES
Full Page	\$75.00	\$200.00	\$325.00
Half Page	\$40.00	\$110.00	\$175.00
Quarter Page	\$25.00	\$65.00	\$100.00
Business Card	na	na	\$50.00
Cover (Inside front or back)	\$300.00	\$750.00	\$1200.00

Insert race Applications (includes printing results)

12 x Entry Fee, minimum \$35.00 (10X Entry fee paid in advance)

Advertising must be supplied, camera ready art, or layout charges will be incurred

All race applications must be supplied for insertion. Inside Track publishes 450 issues bi-monthly.



FWTC NEWSLETTER
P.O. Box 11703
Fort Wayne, IN 46860

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